



#### Kirtan Program in Sadhu Baba's Ashram

Located next to Bhajanashram, Ramchandrapur, Prachin Mayapur Navadvip po. 741302 district Nadia — W. Bengal, India

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Sri Panca Tattva Vandana (Song before classes) Sri Raadhaa-Krishna Vandana (Song after classes)

#### SONGS FOR EVENING AAROTI

Gaura Aroti (Vira Ballabha dasa) Radha's Evening Aroti (Jaya Jaya Radha-ji Go) Madan Gopaal's Evening Aroti Tulasi Evening Aaroti Taarak brahma Naam Raadhe Govinda Jaya Chay Goswaami Vandana Nitai Gaura Haribol Prem Dhvani

(For the comfort of new devotees the Bengali texts are written in phonetic script — pronounce as you read)

#### MANGALA ĀROTI GAURA KISHORA

This is a popular Bengali song describing the auspicious ceremony of awakening the youthful Lord Caitanya (Gaura Kishor). It is often sung together with the next song, which is in the same mode and which describes the *mangala aroti* of Raadhaa and Krishna.

## MANGALA ĀROTI GAURA KIŚOR MANGALA NITYĀNANDA JORA HI JOR

*maṅgala* – auspicious; *āroti* – ceremony; *gaura kiśor* - the youthful Gaura; *maṅgala* – auspicious; *nityānanda* - Lord Nityānanda; *jora hi jor* – loudly.

The auspicious ceremony of awakening the youthful Gaura (Śrī Caitanya Mahāprabhu) takes place along with the loud awakening of Lord Nityānanda.

## MAN̈GALA ŚRĪ ADVAITA BHAKATA HI SAN̈GE MAN̈GALA GĀOTA PREMA TARAN̈GE

*mangala* – auspicious; *śrī advaita* - Śrī Advaita Ācārya; *bhakata hi* – devotees; *sange* – in company; *mangala* – auspicious; *gāota* – singing; *prema* – love divine; *tarange* – on the waves.

# Śrī Advaita Ācārya along with His devotees sings auspicious songs, floating on waves *prema* (love of God).

## MANGALA BĀJATA KHOLA KARATĀLO MANGALA HARI DĀSA NĀCATA BHĀLO

*mangala* – auspicious; *bājata* – playing; *khola* – drums; *karatālo* – cymbals; *mangala* – auspicious; *hari dāsa* - Haridās Thākur; *nācata* – dancing; *bhālo* – good.

#### Auspicious drums and hand cymbals resound. The auspicious devotee Haridās Thākur dances beautifully.

## MANGALA DHŪPA DĪPA LOIYĀ SVARŪP MANGALA ĀROTI KORE APARŪP

*mangala* – auspicious; *dhūpa* – incense; *dīpa* – lamps; *loiyā* – taking; *svarūp* - Śrī Svarūpa Dāmodara Gosvāmi; *mangala* – auspicious; *āroti* – ceremony; *kore* – doing; *aparūp* – wonderful.

#### Śrī Svarūpa Dāmodara Gosvāmi takes auspicious incense and lamps

Songs and verses of Sadhu Baba's gosthi

#### and performs a wonderful mangala āroti ceremony.

# MANGALA GADĀDHARA HERI PAHUN HĀS MANGALA GĀOTE DĪNA KŖṢŅA DĀS

*mangala* – auspicious; *gadādhara* - Gadādhara Pandit; *heri* – seeing; *pahun* - the Lord; *hās* – smiles; *mangala* – auspicious; *gāote* – seeing; *dīna kṛṣṇa dās* - the fallen devotee Kṛṣṇa Dās

## The auspicious Gadādhara Pandit smiles when he sees the Lord. The fallen devotee Kṛṣṇa Dās sings this auspicious song.

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#### MANGALA ĀROTI YUGALA KISHORA

This song describes the auspicious ceremony of awakening Radha and Krishna in Vrindavan's love-groves.

## MANGALA ĀROTI YUGALA KIŚOR MANGALA SAKHĪ-GAŅA PREMA RASE BHOR

*mangala* – auspicious; *āroti* – ceremony; *yugala kiśor* - the youthful Divine Couple; *mangala* – auspicious; *sakhī-gaņa* – girlfriends; *prema* – love; *rase* – in taste; *bhor* – absorbed.

## During the *mangala āroti* of the youthful Divine Couple Their auspicious girlfriends (*sakhīs*) are immersed in the taste of *prema*.

## RATANA PRADĪPA KORU ȚALAMALA THOR NIRAKHATA MUKHA VIDHU ŚYĀMA SU-GAUR

*ratana* – jewelled; *pradīpa* – lamp; *koru* – doing; *talamala* – quaking; *thor* – a little; *nirakhata* – looking; *mukha* – face; *vidhu* – moon; *śyāma* – bluish; *su* – nice; *gaur* – golden.

## A jeweled lamp is lightly swung around as an offering to Rādhā-Kṛṣṇa. The *sakhīs* behold the moon-like faces of bluish Kṛṣṇa and golden Rādhā.

## LALITĀ VIŚĀKHĀ SAKHĪ PREMETE AGHOR (2x) KOROTO NIRAMANCHAN DOHE DOHĀ BHOR (2x)

*lalitā višākhā* - Lalitā and Višākhā; *sakhī* – girlfriends; *premete* - in feelings of love; *aghor* – calm; *koroto* – doing; *niramanchan* - worship; *dohe dohā* – of both Rādhā and Kṛṣṇa; *bhor* – absorbed.

#### The girlfriends Lalitā and Viśākhā are absorbed in feelings of love. They are absorbed in worshipping Rādhā and Kṛṣṇa

(with this mangala āroti-ceremony).

## ŚRĪ VŖNDĀVANA KUÑJA BHUVANA UJOR MŪRATI MANOHARA YUGALA KIŚOR

*śrī vṛndāvana* - Śrī Vṛndāvana; *kuñja* - forest grove; *bhuvana* - the whole world; *ujor* – illuminates (derived from the word *ujjvala*); *mūrati* – form; *manohara* – enchanting; *yugala kiśor* - the divine youthful Couple Rādhā and Kṛṣṇa.

## The forest grove in Vṛndāvan illuminates the whole world. Along with the enchanting form of the divine youthful Couple Rādhā and Kṛṣṇa.

# GĀOETE ŚUKA PIKA NĀCATA MOR (2x) CĀNDA UPEKHI MUKHA NIRAKHE CAKOR (2x)

gāoete – sing; śuka – parrots; pika – cuckoos; nācata – dance; mor (mayūra) – peacocks; cānda – moon; upekhi – reject; mukha – faces; nirakhe – stare; cakor - Cakora-birds.

The parrots and the cuckoos sing and the peacocks dance in Vṛndāvan. The Cakora-birds reject their beloved moon to stare at the beautiful faces of Rādhā and Kṛṣṇa.

## BĀJATO VIVIDHA YANTRA GHANA GHOR ŚYĀMĀNANDA ĀNANDE BĀJĀY JĀY ÞOR

*bājato* - being played; *vividha* - *m*any kinds of; *yantra* - musical instruments; *ghana ghor* busily; *śyāmānanda* – Śyāmānanda; *ānande* – blissfully; *bājāy jāy dor* - plays them.

Many kinds of musical instruments are busily being played. Śyāmānanda blissfully plays them for the divine Couple.

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#### SRI PANCA TATTVA VANDANA

This is a Bengali song in praise of Sri Caitanya Mahaprabhu and His eternal associates, sung before commencing lectures.

#### JAY JAY NITYĀNANDĀDVAITA GAURĀŅGA

#### Glory to Lord Nityānanda, Śrī Advaita Ācārya and Lord Gaurāṅga (Caitanya)!

# NITĀI GAURĀŅGA ! NITĀI GAURĀŅGA! (2x) JAY JAY NITYĀNANDĀDVAITA GAURĀŅGA JAY JAY YAŚODĀ NANDANA ŚACĪ-SUTA GAURACANDRA

Glory to the son of mother Yaśoda (Kṛṣṇa) who now appeared as the moon-like Gaura (Caitanya), the son of mother Śaci.

#### JAY JAY ROHIŅĪ NANDANA BALARĀM NITYĀNANDA

Glory to Lord Nityānanda, Who is actually Lord Balarāma, the son of mother Rohini.

#### JAY JAY MAHĀ VIṢŅU AVATĀRA ŚRĪ ADVAITA CANDRA

Glory to the moon-like Śrī Advaita, who is an descension of Mahā Viṣṇu.

#### JAY JAY GADĀDHARA ŚRĪVĀSĀDI GAURA BHAKTA VŖNDA

Glory to Gadādhara Pandit, Śrīvās Pandit and the other devotees of Lord Gaura.

#### JAY JAY SVARŪP RŪPA SANĀTANA RĀY RĀMĀNANDA

Glory to Svarūpa Dāmodara Gosvāmī, Rūpa Gosvāmī, Sanātan Gosvāmī and Rāmānanda Rāy.

#### JAY JAY KHAŅŅA-VĀSI NARAHARI MURĀRI MUKUNDA

Glory to the inhabitants of the region of Khaṇḍa (in Bengal) named Narahari, Murāri and Mukunda (see Caitanya Caritāmṛta Ādi-līlā chapter 10, verses 78 and 79)

#### JAY JAY PAÑCA PUTRA SANGE NĀCE RĀY BHAVĀNANDA

**Glory to Bhavānanda Rāy, who dances along with his five sons** (see Caitanya Caritāmṛta Ādi līlā chapter 10, verses 133 and 134)

#### JAY JAY TINA PUTRA SANGE NĀCE SEN ŚIVĀNANDA

**Glory to Śivānanda Sen, who dances along with his three sons** (see Caitanya Caritāmṛta Ādi līlā chapter 10, verse 62)

#### JAY JAY DVĀDAŚA GOPĀLA ĀDI CAUŚATHI MAHĀNTA

Glory to the twelve cowherd boy-associates of Lord Nityānanda (or Balarāma) and all the sixty-four great associates of Lord Caitanya.

#### EI BĀR KŖPĀ KORI DEHO GAURA CARAŅĀRAVINDA

ei – this;  $b\bar{a}r$  – time;  $krp\bar{a}$  – mercy; kori – do; deho – give; gaura caraṇāravinda - the lotus feet of Lord Gaura.

#### This time please give me the lotus feet of Lord Gaura!

## GAURA CARAŅĀRAVINDA (2x) JAY JAY NITYĀNANDĀDVAITA GAURĀŅGA

#### Glory to Lord Nityānanda, Advaita Ācārya and Lord Gaurānga!

#### JAY JAY NITYĀNANDA ŚRI ADVAITA GAURĀNGA (2x)

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#### SRI RĀDHĀ-KŖṢŅA VANDANA

This Bengali song, glorifying Shri-Shri-Radha-Krishna and Their eternal associates, is sung after lectures.

#### JAY JAY RĀDHE KŖṢŅA! GOVINDA!

All glories to Rādhā and Kṛṣṇa, who is also called Govinda.

# RĀDHE GOVINDA! RĀDHE GOVINDA! JAY JAY RĀDHE KŖṢŅA GOVINDA!

#### JAY JAY ŚYĀMSUNDAR MADAN MOHAN VRINDĀVANA CANDRA

All glories to Śyāmasundara (beautiful and black Kṛṣṇa), Who enchants even Cupid (Madan Mohan) and Who shines like the moon in Vṛndāvan.

#### JAY JAY RĀDHĀ RAMAN RĀS BIHĀRI ŚRĪ GOKULĀNANDA !

All glories to Kṛṣṇa, who is the lover of Rādhā (Rādhā Raman), the enjoyer of the Rāsa dance (Rās bihāri) and who gives joy to the area of Gokula (Gokulānanda).

#### JAY JAY RĀDHĀ KĀNTA RĀDHĀ VINOD ŚRI RĀDHĀ GOVINDA

All glories to Kṛṣṇa, who is the lover of Rādhā (Rādhā Kānta), who delights Rādhā (Rādhā Vinod) and glories to Rādhā and Govinda together!

#### JAY JAY RĀSEŚVARI VINODINI BHĀNUKULA CANDRA

All glories to Śrīmati Rādhārāņī, who is the Queen of the Rāsa-dance (Rāseśvari) who gives pleasure (Vinodini) and who rises like the moon in the family of king Vṛṣabhānu (Bhānukula Candra)!

#### JAY JAY LALITĀ VIŚĀKHĀ ĀDI JOTO SAKHI VŖNDA

All glories to Lalitā and Viśākhā and all the other girlfriends of Rādhā and Kṛṣṇa.

#### JAY JAY ŚRĪ RŪPA MANJARĪ ĀDI MANJARĪ ANAŅGA

All glories to Śrī Rūpa Mañjarī and all the other maidservants of Rādhā and Kṛṣṇa, such as Anaṅga Mañjarī, Śrī Rādhā's younger sister.

#### JAY JAY PAURŅAMĀSI KUNDALATĀ JAY BĪRĀ VRINDĀ

All glories to Paurnamāsī, who is Yogamāyā, who arranges for Rādhā and Kṛṣṇa's secret meetings, Kundalatā, Kṛṣṇa's niece, and Vīrā and Vṛndā, the expert messengers of Rādhā and Kṛṣṇa.

#### KRIPĀ KORI DEHO YUGAL CARAŅĀRAVINDA

Please give me the lotus feet of Rādhā and Kṛṣṇa.

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#### SRI GAURA'S EVENING ĀROTI SONG

# BHĀLI GORACĀŅDERA ĀROTI BONI BĀJE SAŅKĪRTANERA MADHURA RASA DHVANI

*bhāli* – good; *goracāndera* – of Gauracandra; *āroti* – *ārati; boni* – multitude; *bāje* – playing; *saṅkīrtanera* – of the *kīrtan; madhura* – sweet; *rasa* – juice; *dhvani* – sound.

"How beautiful is the evening-*Ārati* of Goracand! The *saṅkīrtan* resounds sweetly and tastefully."

# ŚANKHA BĀJE, GHAŅŢĀ BĀJE, BĀJE KARATĀLA MADHURA MŖDAŅGA BĀJE, ŚUNITE RASĀLA

*śankha* – conch shell; *bāje* – playing; *ghaṇṭā* – gong; *bāje* – playing; *bāje* – playing; *karatāla* – hand cymbals; *madhura* – sweet; *mrdanga* – clay drum; *bāje* – playing; *śunite* – to hear; *rasāla* – tasty.

"Conch shells resound, bells ring and hand cymbals chime. Sweet clay drums pound. All this is very tasteful to hear."

#### VIVIDHA KUSUMA PHULE GOLE VANAMĀLĀ

#### KOTO KOŢI CANDRA JINI VADANA UJJĀLĀ

*vividha* – different kinds; *kusuma phule* – flowers; *gole* – around the neck; *vanamālā* – forest garland; *koto* – so many; *koți* – ten million; *candra* – moon; *jini* – defeat; *vadana* – face; *ujjālā* – bright.

#### "Around His neck Gora wears a garland of different kinds of forest flowers. His face shines brighter than millions of moons."

## BRAHMĀ ĀDI DEVA JĀRE KARA-JORA KORE SAHASRA VADANE ŚIRE MAŅI CHATRA DHARE

*brahmā ādi* – beggining with Brahmā; *deva* – gods; *jāre* – whose; *kara* – hands; *jora* – folding; *kore* – doing; *sahasra* – a thousand; *vadane* – face; *śire* – on the head; *maņi* – jewel; *chatra* – umbrella; *dhare* – holding.

"Brahmā and other gods stand there with folded hands. The thousand-headed Śesh holds a jewelled umbrella over His head."

# ŚIVA ŚUKA NĀRADA VEDA VICĀRE NĀHI PARĀTPARA BHĀVE VIBHORE

*śiva* – Lord Śiva; *śuka* – Śuka Muni; *nārada* – Nārada Muni; *veda* – the Vedas; *vicāre* – considering; *nāhi* – not; *parātpara* – higher; *bhāve* – in ecstasy; *vibhore* – absorbed.

"Lord Śiva, Śuka Muni and Nārada Muni are considering that nothing higher than this can be found in the Vedas, and thus they become absorbed in ecstasy."

## ŚRĪNIVĀSA HARIDĀSA MAŅGALA GĀOWE NARAHARI GADĀDHARA CĀMARA DHULĀOWE

*śrīnivāsa* - Śrīvās Paṇḍita; *haridāsa* - Haridāsa Ṭhākura; *maṅgala* – auspicious songs; *gāowe* – sing; *narahari* - Narahari Sarakāra; *gadādhara* - Gadādhara Paṇḍita; *cāmara* – yak tail fans; *dhulāowe* – whirl around.

"Śrīnivās (Śrīvās Paṇḍit) and Haridās (Haridās Ṭhākur) sing auspicious songs. Narahari (Narahari Sarakāra) and Gadādhara (Gadādhara Paṇḍit) whirl yaktail fans."

# VĪRA VALLABHA DĀSA ŚRI GAURA CARAŅE ĀŚ JAGA-BHORI RAHALO MAHIMĀ PRAKĀŚ

*vīra vallabha dāsa* - Vīra Vallabha dāsa; *śri gaura* - Śri Gaura; *caraņe* – in the lotus feet; *āś* – hoping; *jaga* – the universe; *bhori* – filled; *rahalo* – remained; *mahimā* – greatness; *prakāś* – manifest.

## "Vīra-vallabha dāsa yearns for Śrī Gaura's lotus feet. The whole world is filled with the manifestation of His greatness."

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# RĀDHĀ'S EVENING ĀROTI

## JAYA JAYA RĀDHE-JI GO! ŚARAŅA TOHĀRI AICHANA ĀROTI JĀO BOLIHĀRI!

*jaya jaya* – victory victory; *rādhe ji* – unto Rādhā; *go*! – O!: *śaraṇa* – shelter; *tohāri* – of Her; *aichana* – such; *āroti* – *ārati* ceremony; *jāo bolihāri*! – hurray!

## All glories to the shelter of the lotus feet of Rādhā! All glories to such an Āroti-ceremony!

## PĀṬA PAṬṬĀMBARA URE NĪLA ŚĀRĪ SINTHI PORE SINDŪRA JĀO BOLIHĀRI

pāța – silk; pațța – silk; ambara – garment; ude – veil; nīla – blue; śārī – sharee; sinthi – hair part; pore – wears; sindūra – splendid powder; jāo bolihāri – hurray!

Rādhā wears a blue silk *sāri* and veil. She has splendid red powder on Her hair part.

## BEŚA BANĀYALA PRIYA SAHACARĪ RATANA SINGHĀSANE BAIŢHALO GAURĪ

*beśa* – dress; *banāyala* – preparing, arranging; *priya* – dear; *sahacarī* – female associates; *ratana* – jeweled; *singhāsane* – lion throne; *baițhalo* – sat; *gaurī* – golden Rādhā.

Her dear maidservants help Her in arranging Her dress. Gaurī (golden-complexioned Rādhā) sits on a jeweled throne. Songs and verses of Sadhu Baba's gosthi

#### RATANE JORITA MONI MĀNIKYA MOTI JHALAMALA ĀBHARAŅA PRATI AŅGE JYOTI

*ratane* – in jewels; *jadita* – studded with; *maņi* – jewels; *mānikya* – rubies or jewels; *moti* – pearls; *jhalamala* – shimmering; *ābharaṇa* – ornaments; *prati* – each; *aṅge* – limb; *jyoti* – illumined.

# Each of Her limbs is illuminated by glistening ornaments studded with jewels and pearls.

## CUWĀ CANDANA GANDHA DEHI BRAJA BĀLĀ VŖṢABHĀNU RĀJ NANDINĪ VADANA UJĀLĀ

*cuwā* [*cuyā*] – ground; *candana* – sandal wood; *gandha* – fragrant; *dehi* – giving; *braja* – of Vraja; *bālā* – girls (*gopīs*); *v*ṛṣabhānu rāj – king Vṛṣabhānu; *nandinī* – daughter; *vadana* – face; *ujālā* – brilliant.

The *gopīs* of Vraja are anointing Her body with fragrant sandalwood pulp. The face of king Vṛṣabhānu's daughter shines splendidly.

## CAU-DIKE SAKHĪ-GAŅA DEHI KORATĀLI ĀROTI KORATAHI LALITĀ PIYĀRI

*cau* - four; *dike* – in directions; *sakhī* - girlfriend; *gaṇa* – party; *dehi* – gives (does); *kara* – hands; *tāli* – clap; *āroti* – ārati; *korata-hi* – performing; *lalitā* – Lalitā-*sakhī*; *piyāri* – dear.

## On all sides Her girlfriends blissfully clap their hands. Rādhā's dear girlfriend Lalitā performs the Āroti-ceremony.

## NAVA NAVA VRAJAVADHŪ MANGALA GĀOE PRIYA NARMA SAKHĪ-GAŅA CĀMARA DHULĀOE

*nava nava* – ever fresh, or young; *vraja* – of Vraja; *vadhu* – married girls; *maṅgala* – auspicious; *gāoe* – singing; *priya* – dear; *narma* – pleasure, fun; *sakhī* - girlfriend; *gaṇa* – party; *cāmara* – yak tail fan; *dhulāoe* – whirl.

The young married girls of Vraja sing auspicious songs. The dearest girlfriends of Rādhā fan Her with whirling whisks.

#### RĀDHĀ PĀDA PAŅKAJA BHAKATAHI ĀŚĀ

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#### DĀSA MANOHARA KOROTO BHAROSĀ

*rādhā* – of Rādhā; *pāda* – feet; *paṅkaja* – lotus; *bhakatahi* – devotion; *āśā* – hope; *dāsa manohara* – Manohara Dās; *koroto* – doing; *bharasā* – depending on.

#### Manohara Dās desires the service of Rādhā's lotus feet.

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# MADAN GOPĀL'S EVENING-ĀROTI

#### HARATA SAKALA SANTĀPA JANAMA KO MIŢATA TALAPA JAMA KĀLA KI

*harata* – removing, destroying; *sakala* – all; *santāpa* – suffering; *janama* – birth; *ko* – of; *miṭata* – mitigating; *talapa* – summons; *yama* – death; *kāla* – the time; *ki* - of

#### This aroti removes all material suffering and eases the pain at the time of death.

#### ĀROTI KIYE JAI JAI ŚRĪ MADAN GOPĀLA KI

āroti – of the ārati; kiye jai jai – ki jay, all victory; śrī madan gopāla ki – of Śrī Madan-Gopāla

#### All glories to the aroti of Śrī Madan Gopāl (Kṛṣṇa, the Cupid-cowherdboy)!

## GO GHRITA RACITA KARPŪRA KĀ BĀTI JHALAKATA KĀÑCANA THĀLA KI

go - cow; ghrita - clarified butter; racita - made of;  $karp\bar{u}ra - camphor$ ;  $k\bar{a} - of$ ;  $b\bar{a}ti - lamp$ ; jhalakata - flashing;  $k\bar{a}ncana - golden$ ;  $th\bar{a}la - tray$ ; ki - of.

A camphor-wick with clarified cow-butter is burning on a flashing golden tray (and is offered to Kṛṣṇa during the ceremony).

### CANDRA KOȚI KOȚI BHĀNU KOȚI CHABI MUKHA ŚOBHĀ NANDA DULĀLA KI

*candra* – moon; *koți koți* – millions and millions; *bhānu* – sun; *koți* – millions; *chabi* – luster; *mukha* – face; *śobhā* – beauty; *nanda dulāla* – Nanda's son; *ki* – of.

The face of Nanda's son (Kṛṣṇa) is more beautiful and splendid than millions of moons and suns.

## MAYŪRA MUKUȚA PĪTĀMBARA ŚOHE BĀJATA VEŅU RASĀLA KI

*mayūra* – peacock; *mukuṭa* – crown; *pītāmbara* – yellow cloth; *śohe* – beauty; *bājata* – playing; *veņu* – flute; *rasāla* – delicious; *ki* – of.

## Kṛṣṇa wears a beautiful crown of peacock feathers and a yellow *dhoti*. He plays a delicious flute-song.

## CARAŅA KAMALA PORE NŪPURA BĀJE URE DOLA VAIJAYANTI MĀLA KI

*caraṇa* – feet; *kamala* – lotus; *pore* – upon; *nūpura* – anklebells; *bāje* – play; *uḍe* – on the chest; *dola* – dangles; *vaijayanti* – forest flowers; *māla* – garland; *ki* – of.

His anklebells jingle on His lotus feet. On His chest swings a garland of forest flowers.

## (chorus) ĀROTI KIYE JAI JAI ŚRĪ MADAN GOPĀLA KI

āroti – ārati-ceremony; kiye jai jai – all victory; śrī madan gopāla - Śrī Madan Gopāl; ki – of.

#### All glories to the *āroti* of Śrī Madan Gopāl.

## SUNDARA LOLA KAPOLANĪ KIYE CHABI NIRAKHATA MADANA GOPĀLA KI

*sundara* – beautiful; *lola* – dangle; *kapolanī* – cheeks; *kiye* – what; *chabi* – shining; *nirakhata* – beholding; *madana gopāla* - Madan Gopāl; *ki* – *of*.

## How beautiful is Madan Gopāl to behold. His earrings dangling on His glossy cheeks!

## SURA-NARA-MUNI-GAŅA KORATAI ĀROTI BHAKATA VATSALA PRATIPĀLA KI

*sura* – gods; *nara* – human beings; *muni* – sages; *gaṇa* – groups; *koratai* – doing; *āroti* – *ārati; bhakata* – of the devotees; *vatsala* – affectionate; *pratipāla* – protector; *ki* – of.

# Gods, human beings and sages perform the $\bar{A}roti$ -ceremony to the protector and benefactor of the devotees (Kṛṣṇa).

# BĀJE GHAŅŢĀ TĀLA MŖDAŅGA JHĀNJARI AÑJALI KUSUMA GULĀLA KI

 $b\bar{a}je$  – playing; ghanta – gongs;  $t\bar{a}la$  – beating in time; mrdanga – clay drums; jhanjari – hand cymbals; anjali – handfuls; kusuma – flowers;  $gul\bar{a}la$  – colored powder; ki – of.

Gongs, hand-cymbals and clay drums are playing in time. Handfuls of flowers and colored powder are thrown at Kṛṣṇa.

## HU HU BOLI BOLI RAGHUNĀTH DĀS GOSVĀMĪ MOHANA GOKULA LĀLA KI (2x)

hu hu boli boli – saying hu hu; raghunāth dās gosvāmī - Raghunātha dāsa Gosvāmī; mohana – captivating; gokula – of Gokula; lāla – boy; ki – of.

Out of love, Raghunātha Dās Gosvāmī cries out '*hu hu*!' O enchanting boy of Gokula!

# (Chorus) ĀROTI KIYE JAY JAY ŚRĪ MADAN GOPĀLA KI MADANA GOPĀLA JAY JAY JAŚODĀ DULĀLA KI

Glories to Madan Gopāl, the son of Mother Yaśodā!

## YAŚODĀ DULĀLA JAY JAY NANDA DULĀLA KI NANDA DULĀLA JAY JAY GIRIDHĀRI LĀLA KI

Glories to the son of Yaśodā and Nanda! Glories to the son of Nanda, the lifter of Govardhana Hill!

## GIRIDHĀRI LĀLA JAY JAY GOVINDA GOPĀLA KI GOVINDA GOPĀLA JAY JAY GAURA GOPĀLA KI

Songs and verses of Sadhu Baba's gosthi

All glories to Giridhārī, Govinda, Gopāl! Glory to Govinda Gopāl and Gaura Gopāl!

# GAURA GOPĀLA JAY JAY ŚACĪRA DULĀLA KI ŚACĪRA DULĀLA JAY JAY NITĀI DAYĀLA KI

Glory to Gaura Gopāl, the son of mother Śacī! Glory to the son of mother Śacī and the merciful Nitāi (Lord Nityānanda).

#### NITĀI DAYĀLA SĪTĀ ADVAITA DAYĀLA KI

#### Glory to the merciful Nitāi, Sītā and Advaita Ācārya

#### (chorus) ĀROTI KIYA JAY JAY ŚRĪ MADAN GOPĀLA KI (2X)

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#### SRI TULASI EVENING ĀROTI

## NAMO NAMO TULASĪ MAHĀRĀNI VŖNDE JI MAHĀRĀNI NAMO NAMO

*namo namo –* obeisances; *tulasī mahārāni –* great queen Tulasī; *vṛnde ji mahārāni –* great queen Vṛndā; *namo namo –* obeisances.

"Obeisances to you again and again, Tulasī Mahārānī, Vrnde ji Mahārāni!"

#### NAMO RE NAMO RE MEYĀ NAMO NĀRĀYANI NAMO NAMO

namo re namo re – obeisances; meyā – mother; namo; nārāyani – consort of Nārāyaṇa; namo namo.

"O mother Nārāyani (consort of Nārāyana)! Obeisances to you again and again."

## JĀKO DARAŚE, PARAŚE AGHA NĀŚI MAHIMĀ VEDA PURĀŅE VĀKHĀNI

*jāko* – whose; *daraśe* – sees; *paraśe* – touches; *agha* – sin; *nāśi* – destroyer; *mahimā* – greatness; *veda purāne* – Vedas and Purāṇas; *vākhāni* – proclaim.

"You destroy the sins of whoever sees you or touches you. The Vedas and Purānas proclaim your glories."

# JĀKO PATRA, MAÑJARĪ KOMALA, ŚRĪPATI CARAŅA KAMALE LAPAŢĀNI RĀDHĀ PATI CARAŅA KAMALE LAPAŢĀNI

*jāko* – whose; *patra* – leaves; *mañjarī* – buds; *komala* – tender; *śrīpati* – husband of Lakṣmī; *caraṇa* – feet; *kamale* – at the lotus; *lapaṭāni* – entwine; *rādhā pati* – the lover of Rādhā; *caraṇa* – feet; *kamale* – at the lotus; *lapaṭāni* – entwine.

"Your leaves and tender budding flowers entwine the lotus feet of Śrīpati (Viṣṇu) or the Lord of Rādhā (Kṛṣṇa)."

## DHANYA TULASI, PŪRANA TAPA KIYE ŚĀLAGRĀMA KI MAHĀ PĀṬARĀNI

dhanya – blessed; tulasi – Tulasi; pūrana – completing; tapa – penance; kiye – you did; śālagrāma ki – of Śālagrāma; mahā – great; pāṭa-rāni – queen.

#### "Blessed you are, Tulasi, for by completing your penance you have become the great Queen of Śālagrām (the sacred stone of Viṣṇu)."

## DHŪPA DĪPA, NAIVEDYA ĀROTI PHULANĀ KIYE BARAKHĀ BARAKHĀNI

*dhūpa* – incense; *dīpa* – lamps; *naivedya* – food offerings; *āroti* – *ārati; phulanā kiye* – offering to you; *barakhā* – you shower; *barakhāni* – your rain of mercy.

"You delight those who offer you incense, lamps, food or *aroti* and shower them with your rain of grace."

## CHAPPANNA BHOGA, CHATRIŚA BYAÑJANA, BINĀ TULASĪ PRABHU EKA NĀHI MĀNI

*chappanna* - fifty-six; *bhoga* – offerings; *chatriśa* – thirty-six; *byanjana* – vegetables; *binā* – without; *tulasī* – Tulasī; *prabhu* – the Lord; *eka* – one;  $n\bar{a}hi$  – not;  $m\bar{a}ni$  – accept.

"The Lord will not accept any of the 56 offerings with 36 types of vegetables offered to Him if there are no Tulasī leaves on them."

# ŚIVA SANAKĀDI, AURA BRAHMĀDIKO DHŪRATA PHIRATA MAHĀ MUNI GYĀNI

*śiva* – Śiva; *sanakādi* – Sanaka etc.; *aura* – and; *brahmādiko;* Brahmā etc.; *dhūrata phirata* – circumambulate; *mahā* – great; *muni* – silent sage; *gyāni* – wise men.

"Śiva, Sanaka, Brahmā and all other greatly wise sages circumambulate you."

# CANDRA SAKHĪ MEYĀ, TERO JAŚO GĀOWE BHAKATI DĀNA DIJIYE MAHĀRĀNI

*candra sakhī* - the singer Candra Sakhi; *meyā* – O mother!; *tero* – your; *jašo* – fame; *gāowe* – singing; *bhakati* – devotion; *dāna* – gift; *dijiye* – please give; *mahārāni* – great queen.

"O mother! Candra Sakhi is singing your glories. O Mahārāṇi! O Great queen! Please bestow devotion upon me!"

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#### AFTER PARIKRAMAA TAARAK BRAHMA NAAM IS SUNG:

## HARE KRISHNA HARE KRISHNA KRISHNA KRISHNA HARE HARE HARE RAMA HARE RAMA RAMA RAMA HARE HARE

#### AFTER THIS:

## JAY JAY RAADHE RAADHE GOVINDA JAYA JAYA

(j)

#### CHAY GOSVĀMI VANDANA

Praise of the Six Gosvaamis

# HARI HARAYE NAMAH KŖṢŅA YĀDAVĀYA NAMAH YĀDAVĀYA MĀDHAVĀYA KEŚAVĀYA NAMAH GOPĀLA GOVINDA RĀM ŚRĪ MADHUSŪDAN GIRIDHĀRI GOPINĀTHA MADANA MOHAN

All glories to Kṛṣṇa, who is named Hari, Yādava, Mādhava, Keśava, Gopāl, Govinda, Rām, Śrī Madhusūdan, Giridhārī, Gopīnāth and Madana Mohan.

# ŚRĪ CAITANYA NITYĀNANDA ŚRĪ ADVAITA SITĀ HARI GURU VAIṢŅAVA BHĀGAVATA GĪTĀ ŚRĪ RŪPA ŚRĪ SANĀTANA BHAṬṬA RAGHUNĀTH ŚRĪ JĪVA GOPĀLA BHAṬṬA DĀSA RAGHUNĀTH

All glories to Śrī Caitanya, Nityānanda, Śrī Advaita Prabhu and His wife Sītā. All glories to Hari (Kṛṣṇa), the Guru, the Vaiṣṇava devotees, and the holy scriptures the Bhāgavat Purāṇa, and the Bhagavad Gītā.

All glories to Śrī Caitanya's disciples Śrī Rūpa Gosvāmī, Śrī Sanātan Gosvāmī, Raghunāth Bhaṭṭa Gosvāmī, Śrī Jīva Gosvāmī, Śrī Gopāl Bhaṭṭa Gosvāmī and Raghunāth Dās Gosvāmī.

### EI CHAY GOSĀIR KORI CARAŅA VANDAN JĀHĀ HOITE VIGHNA NĀŚ ABHĪṢṬA PŪRAN

ei – these; chay – six; gosāir – of the Goswāmīs; kori – I do; caraņa – feet; vandan – praise; jāhā
– them; hoite – from; vighna – obstacles; nāś – destruction; abhīṣṭa – wishes; pūran – fulfilled.

## I praise the feet of these six Gosvāmīs. By them obstacles are destroyed and spiritual aspirations are fulfilled.

## EI CHAY GOSĀI JĀR, MUI TĀRA DĀS TĀ SABĀRA PADA REŅU MORA PAÑCA GRĀS

*ei* – these; *chay* – six; *gosāi* – Goswāmīs; *mui* – I; *tāra* – their; *dās* - servant; *tā* – them; *sabāra* – of all; *pada* – feet; *reņu* – dust; *mora* – my; *pañca* – five; *grās* – handfuls.

## I am the servant of the servant of these six Gosvāmīs. Their foot dust is my whole meal.

## EI CHAY GOSĀI PRABHU MORE KORO DOYĀ CARAŅE ŚARAŅA NILĀM DEHO PADA CHĀYĀ

ei – these; chay – six; gosāi – Goswāmīs; prabhu – master; more – to me; koro – do (bestow); doyā – mercy; caraņe – unto the feet; śaraņa – shelter; nilām – took; deho – give; pada – feet; chāyā – shade.

"O you six Gosvāmīs, my masters, bestow your grace upon me. I took shelter of your lotus feet – give me the shade of your feet!"

## EI CHAY GOSĀI JABE BRAJE KOILĀ BĀS RĀDHĀ-KŖṢŅA NITYA LĪLĀ KORILĀ PROKĀŚ

ei – these; chay – six; gosāi – Goswāmīs; jabe – when; braje – in Vraja; koilā – did; bās – live; rādhā-kṛṣṇa - Rādhā-Kṛṣṇa; nitya – eternal; līlā – play; korilā – did; prokāś – reveal.

#### When these six Gosvāmīs lived in Vraja (Vṛndāvan area) they revealed the eternal Play of Rādhā and Kṛṣṇa.

## ĀNANDE BOLO HARI BHAJO VŖNDĀVAN! ŚRĪ GURU VAIŞŅAVA PADE MAJĀIYĀ MAN

*ānande* - in ecstasy; *bolo* – say; *hari* – Hari; *bhajo* – worship; *vṛndāvan* - Vṛndāvana; *śrī guru* - Śrī Guru; *vaiṣṇava* - Vaiṣṇava; *pade* – in the feet; *majāiyā* – immerse; *man* – the mind.

## "Say in ecstasy: Hari!, and worship Vṛndāvan! Immerse your mind in the feet of the Guru and the Vaiṣṇavas!

## ŚRĪ GURU VAIṢŅAVA PĀDA PADMA KORI ĀŚ NĀM SAŅKĪRTANA KORE NAROTTAMA DĀS

*śrī guru* - Śrī Guru; *vaiṣṇava* - Vaiṣṇava; *pāda* – *feet*; *padma* – lotus; *kori* – doing; *āś* – hope; *nām* – the divine name; *saṅkīrtana* – congregational chanting; *kore* – doing; *narottama dās* - Narottama Dās.

Hoping for the lotus feet of the Guru and the Vaiṣṇavas, Narottam Dās thus sings the names of the Lord.

# NITĀI GAURA HARIBOL HARIBOL HARIBOL HARIBOL BOL HARIBOL NITĀI GAURA HARIBOL GAURA HARIBOL SĪTĀ ADVAITA BOL

Sing the names of Hari, Nitāi and Gaura sing the names of Hari.

Songs and verses of Sadhu Baba's gosthi

#### Sing the names of Gaura, Sītā and Advaita.

## GAUR ĀNĀ ṬHĀKUR MODER ADVAITA BOL KULER DEBATĀ MODER ADVAITA BOL

*gaur* ana – bringing Gaura; *thākur* – lord; *moder* – our; *advaita* - Advaita; *bol* – say; *kuler* – of the family; *debatā* – god; *moder* - our; *advaita* - Advaita; *bol* – say.

Sing of Advaita, our Lord who brought Gaura to the world. Sing of Advaita, the godhead of our family.

#### ADVAITA BOL SITĀ ADVAITA BOL GAUR HARIBOL GAUR HARIBOL HARIBOL...

Sing of Advaita, Sītā and Advaita.

#### PREMA DHVANI (CRY OF LOVE, FINAL PRAYERS, DEVOTEES KNEEL)

## PREM SE KAHO ŚRI RĀDHE KŖṢŅA BOLIYE PRABHU NITĀI CAITANYĀDVAITA ŚRĪ RĀDHĀRĀŅĪ KI – JAY

(In Hindi) *prem se* – with love; *kaho* – say; *boliye* – say (polite case); *ki* – what?; *jaya* = victory.

Say with love: "Victory to Śrī Rādhe Kṛṣṇa Prabhu Nitāi Caitanya Advaita Śrī Rādhārāṇī!"

## SHRI MADAN GOPAAL DEV KI — JAY SHRI GOPISHVAR BHAGAVAAN KI — JAY DOYAAL PRABHU SITAANAATH KI — JAY SHRI GURU JI MAHAARAAJ KI — JAY SHRI NAVADVIP DHAAM KI — JAY SHRI VRINDAAVAN DHAAM KI — JAY GIRIRAAJ MAHAARAAJ KI — JAY JAY JAY SANDHYAA AARATI KI — JAY JAY JAY SHRI RAADHE SYAAM

#### THUS ENDS THE ASHRAM DAILY KIRTAN PROGRAM

#### 2. PRAYERS, SONGS, MANTRAS AND MEDITATIONS FOR PRIVATE RECITAL

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#### **ŚRĪ GURU VANDANA**

#### Bengali poem in praise of the Guru

## ĀŚRAYA KORIYĀ BANDO ŚRI GURU CARAN JĀHĀ HOITE MILE BHĀI! KŖṢŅA PREMA DHAN

āśraya – shelter; koriyā – doing (taking); bando – praise; śri guru caran – the lotus feet of Śrī Guru; jāhā – which; hoite – from; mile – meeting (attaining); bhāi! – O brother!; kṛṣṇa prema – love for Kṛṣṇa; dhan – treasure.

"O brother! Take shelter of Śrī Guru's lotus feet and praise Him, because through that one gets the treasure of love for Kṛṣṇa.

## JĪBERA NISTĀRA LĀGI NANDA SUTA HARI BHUVANE PROKĀŚ HON GURU RŪPA DHARI

*jībera* – of the living entity; *nistāra* – saving; *lāgi* – for; *nanda* – Nanda; *suta* – son; *hari* – Hari; *bhuvane* – on earth; *prokāś* – manifest; *hon* – is; *guru* – Guru; *rūpa* – form; *dhari* – holding.

To save the fallen souls Hari, the son of Nanda, has manifest on earth assuming the form of the Guru.

## MAHIMĀY GURU KŖṢŅA EKA KORI JĀNO GURU ĀGYĀ HRIDE SABA SATYA KORI MĀNO

*mahimāy* – in greatness; *guru kṛṣṇa* - Guru and Kṛṣṇa; *eka* – one; *kori* – doing; *jāno* – know; *guru āgyā* – Guru's order; *hride* – in the heart; *saba* – all; *satya* – true, real; *kori* – doing; *māno* – accepting.

#### Know that in greatness the Guru and Kṛṣṇa are one (equal). In the heart, accept the order of the Guru to be true.

## SATYA GYĀNE GURU VĀKYE JĀHĀRA BIŚWĀS AVAŚYA TĀHĀR HOY BRAJA BHŪME BĀS

satya – true; jñāne – in knowing; guru vākye – words of Guru; jāhāra – whose; biśwās – faith; avaśya – certainly; tāhār – his; hoy – is; braja bhūme – in Vraja bhūmi; bās – residence.

# Whoever knows and believes the words of the Guru to be true will surely reside in Braja Bhūmi.

## JĀHĀR PROTI GURUDEV HON PARASANNA KONO BIGHNE SEI NĀHI HOY AVASANNA

*jāhār* – whose; *proti* – toward; *gurudev* – Gurudeva; *hon* – is; *parasanna* – satisfied; *kono* – any; *bighne* – obstacle; *sei* – he; *nāhi* – not; *hoy* – is; *avasanna* – exhausted.

#### With whomever Gurudeva is satisfied, he will not be overcome by any obstacle.

## KŖṢŅA RUṢṬA HOLE GURU RĀKHIBĀRE PĀRE GURU RUṢṬA HOLE KŖṢŅA RĀKHIBĀRE NĀRE

kṛṣṇa - Kṛṣṇa; ruṣṭa – angry; hole – if He is; guru – Guru; rākhibāre – protecting; pāre – he can; guru – Guru; ruṣṭa – angry; hole – if he is; kṛṣṇa - Kṛṣṇa; rākhibāre – protecting; nāre – not.

#### When Kṛṣṇa is angry the Guru can protect you, but when the Guru is angry Kṛṣṇa cannot save you.

## GURU MĀTĀ GURU PITĀ GURU HON PATI GURU BINĀ E SANGSĀRE NĀHI ĀR GATI

guru – guru; mātā – mother; guru – guru; pitā – father; guru – guru; hon – is; pati – husband; guru – guru; binā – without; e – this; sangsāre – world; nāhi - not; ār – other; gati – shelter.

#### Guru is the mother, Guru is the father and Guru is the husband.

#### Without the Guru there is no shelter in this world.

## GURU KE MANUŞYA GYĀN NĀ KORO KOKHON GURU NINDĀ KABHU KARŅE NĀ KORO ŚRABAN

*guru - guru; ke* – unto; *manuṣya* – human; *gyān* – view; *nā* – not; *koro* – do; *kokhon* – ever; *guru* – *guru; nindā* – criticize; *kabhu* – ever; *karņe* – in the ear; *nā* – not; *koro* – do; *śraban* – hearing.

#### Never consider the Guru to be an ordinary human being. Never listen to criticism of the Guru.

#### GURU NINDUKERA MUKHA KOBHU NĀ HERIBE JATHĀ HOY GURU NINDĀ TATHĀ NĀ JĀIBE

*guru – guru; nindukera –* of a critic; *mukha –* face; *kabhu –* ever; *nā –* not; *heribe –* will see; *jathā –* wherever; *hoy –* is; *guru - guru; nindā –* criticism; *tathā –* there; *nā –* not; *jāibe –* will go.

## Never look at the face of a critic of the Guru. Never go there where the Guru is criticised.

## GURURA BIKRIYĀ JADI DEKHOHO KOKHONO TATHĀPI AVAGYĀ NĀHI KORO KADĀCANO

gurura – of the guru; bi – bad; kriyā – action; yadi – if; dekhoho – you see; kokhono – ever; tathāpi – still; avagyā – disregard; nāhi – not; koro – do; kadācano – ever.

#### If you ever see the Guru misbehaving you must still never disrespect him.

## GURU PĀDAPADME ROHE JĀRA NIṢṬHĀ BHAKTI JAGAT TĀRITE SEI DHARE MAHĀ ŚAKTI

*guru – guru; pāda –* feet; *padme –* in the lotus; *rohe –* staying; *jāra –* whose; *niṣṭhā –* fixed; *bhakti* - devotion; *jagat –* world; *tārite –* saving; *sei –* he; *dhare –* holds; *mahā –* great; *śakti –* power.

## Whoever has fixed devotion for the lotus feet of the Guru bears the great power to save the world.

## HENO GURU PĀDA PADME KOROHO VANDANĀ JĀHĀ HOITE GHŪCE BHĀI SAKALA JANTRAŅĀ

*heno* – such a; *guru* – *guru*; *pāda* – feet; *padme* – to the lotus; *koroho* – do; *vandanā* - praise; *jāhā* – which; *hoite* – from; *ghūce* – destroy; *bhāi* – brother; *sakala* – all; *jantraṇā* – suffering.

#### O brother! Praise the lotus feet of such a Guru

- through that one destroys all suffering.

## GURU PĀDA PADMA NITYA JE KORE VANDAN ŚIRE DHORI BANDI ĀMI TĀHĀRA CARAN

*guru – guru; pāda –* feet; *padma –* lotus; *nitya –* always; *je –* anyone; *kore –* doing; *vandan –* praise; *śire –* on the head; *dhori –* carrying; *bandi –* praise; *āmi –* I; *tāhāra –* his; *caran –* feet.

## I praise the feet of anyone who always praises the lotus feet of the Guru and carry them on my head.

## ŚRĪ GURU CARAŅA PADMA HŖDE KORI ĀŚ ŚRĪ GURU VANDANĀ KORE SANĀTANA DĀS

śrī guru - śrī guru; caraņa – feet; padma – lotus; hrde – in the heart; kori – doing; āś – hope; śrī guru - śrī guru; vandanā – praise; kore – doing; sanātana dās - Sanātana Dās

#### Hoping for the lotus feet of Śrī Guru within his heart, Sanātan Das praises Śrī Guru.

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Songs and verses of Sadhu Baba's gosthi

#### ŚRĪ ŚRĪ DĀMODARĀSŢAKAM

Sung daily during the month of Kaartik (from 4 days before the full moon in October until 4 days before the full moon in November)

NAMĀMĪŚVARAM SACCID ĀNANDA RŪPAM LASAT KUŅŅALAM GOKULE BHRĀJAMĀNAM YAŚODĀ BHIYOLUKHALĀD DHĀVAMĀNAM PARĀMŖṢṬAM ATYANTATO DRUTYA GOPYĀ – 1

namāmi – I offer respects; īśvaraṁ - to the Lord; sat – truth; cit – consciousness; ānanda – bliss; rūpaṁ - form; lasat – pretty; kuṇḍalaṁ - earrings; gokule – in Gokula; bhrājamānam – shining; yaśodā – mother Yaśodā; bhiya – fear; ulukhalāt – from the grinding mortar; dhāvamānaṁ - running; parāmṛṣṭam – grasped; atyantata – very much; drutya – fast; gopyā – by the cowherd woman.

I offer my obeisances to the Lord whose form is transcendental, whose earrings dangle, who shines in Gokula, and who fearfully ran away from His mother Yaśodā's grinding block, hotly pursued by the cowherdess (Yaśodā).

# RUDANTAM MUHUR NETRA-YUGMAM MŖJANTAM KARĀMBHOJA YUGMENA SĀTANKA NETRAM MUHUĻ ŚVĀSA KAMPA TRI-REKHĀNKA KAŅŢHA-STHITA GRAIVA DĀMODARAM BHAKTI BADDHAM - 2

rudantam - weeping; muhuh - constantly; netra – eye; yugmam - couple; mṛjantam - rubbing; kara – hand; ambhoja – lotus; yugmena – by the couple; sa – with; ātanka – fearful; netram – eyes; muhuh - repeatedly; śvāsa – breathing; kampa – trembling; tri – three; rekhā – lines; anka – marked with; kaṇṭha – neck; sthita – situated; graiva – necklace; dāmodaram - to Dāmodara; bhakti – by devotion; baddham – bound.

I offer my obeisances unto Śrī Dāmodara, who is bound by devotional love only. Constantly weeping, He rubs both His fearful eyes with His two lotuslike hands, constantly sighing and making the necklace on His three-lined neck tremble.

> ITĪDŖK SVA LĪLĀBHIR ĀNANDA KUŅŅE SVA GHOṢAM NIMAJJANTAM ĀKHYĀPAYANTAM TADĪYEŚITA-GYEṢU BHAKTAIR JITATVAM

#### PUNAH PREMATAS TAM ŚATĀVŖTTI VANDE - 3

*itīdṛk* – in this way; *sva* – His own; *līlābhiḥ* - by the pastimes; *ānanda* – bliss; *kuṇḍe* – in a pool; *sva* – His own; *ghoṣaṁ* - community; *nimajjantam* – immersing; *ākhyāpayantam* – proclaiming; *tadīya* – His; *īśita* – Godhood; *jñeṣu* – among those who perceive; *bhaktaiḥ* - by the devotees; *jitatvaṁ* – conquered; *punaḥ* - over and over; *premataḥ* - out of love; *taṁ* - to Him; *śata-āvṛtti* – hundreds of times; *vande* – praises.

"In this way Dāmodara immerses His devotees in Gokul in a pool of transcendental bliss with His pastimes, and proclaims to those devotees who only see His majesty that He is bound by love only. Hundreds of times I offer my praises to Him again.

# VARAM DEVA MOKṢAM NA MOKṢĀVADHIM VĀ NA CĀNYAM VŖŅE'HAM VAREŚĀD APĪHA IDAM TE VAPUR NĀTHA GOPĀLA BĀLAM SADĀ ME MANASY ĀVIRĀSTĀM KIM ANYAIH - 4

*varam* - blessings; *deva* – O Lord; *mokṣam* - liberation; *na* – not; *mokṣa-avadhi* – the limit of liberation; *vā* – or; *na* – not; *ca* – and; *anyam* - other; *vṛṇe* – accept; *aham* - I; *vara* + *īśa* – the Lord of benedictions; *api* – even; *iha* – here; *idam* - this; *te* – Your; *vapuh* - divine body; *nātha* – O Lord!; *go-pāla* – cow-herder; *bālam* - child; *sadā* – always; *me* – my; *manasi* – in the mind; *āvirāstām* - may appear; *kim* – what; *anyaih* - by others.

"O Lord! I don't want liberation or any other benediction from You, the Lord of benefactors, not even a devotional one. Just let Your form as a cowherd toddler constantly remain within my mind – what is the use of any other benediction?"

# IDAM TE MUKHĀMBHOJAM ATYANTA NĪLAIR VŖTAM KUNTALAIH SNIGDHA RAKTAIŚ CA GOPYĀ MUHUŚ CUMBITAM BIMBA RAKTĀDHARAM ME MANASY ĀVIRĀSTĀM ALAM LAKṢA LĀBHAIH - 5

*idam* - this; *te* – Your; *mukha* – face; *ambhojam* – lotus; *atyanta* – very much; *nīlai*ḥ - by the blue; *vṛtam* - surrounded; *kuntalai*ḥ - by curly locks; *snigdha* – smooth; *raktai*ḥ - by red; *ca* – and; *gopyā* – by the cowherd woman (Yaśodā); *muhu*ḥ - time and again; *cumbitam* - kissing; *bimba* – Bimba fruit; *rakta* – red; *adharam* - lips; *me* – my; *manasi* – in the mind; *āvirāstām* - may appear; *alam* - useless; *lakṣa* – a hundred thousand; *lābhai*ḥ - by gains.

"May Your lotus face, which is deep blue and is flanked by fine curly reddish locks, and which is constantly kissed by mother Yaśodā's red cherrylips, always appear within my mind. I don't desire even thousands of other benefits."

# NAMO DEVA DĀMODARĀNANTA VIṢŅO PRASĪDA PRABHO DUḤKHA JĀLĀBDHI MAGNAM KŖPĀ DŖṢŢI BŖṢŢYĀTI DĪNAM BATĀNU GŖHĀNEŚA MĀM AGYAM EDHYĀKṢI DŖŚYAḤ - 6

namaḥ - humble respect; deva – O God!; dāmodara – Dāmodara – ananta – unlimited; viṣṇo – O Viṣṇu! prasīda – be pleased!; prabho – O Lord!; duḥkha – sorrow; jāla – network; abdhi – ocean; magnam – immersed; kṛpā – mercy; dṛṣṭi – glance; bṛṣṭyā – by the rain; ati – very; dīnaṁ - fallen; bata – O!; anugrhāna – be kind to me; īśa – God; mām – unto me; ajñam – ignorant; edhi – become; akṣi – eyes; dṛśyaḥ - visible.

"Obeisances to You, O unlimited Lord Viṣṇu, Dāmodara! O Lord, be pleased with me! I am drowning in an ocean of sorrow! Shower this wretch with Your merciful glance and accept this fool! Please appear before my eyes!"

# KUVERĀTMAJAU BADDHA MŪRTYAIVA YADVAT TVAYĀ MOCITAU BHAKTI BHĀJAU KŖTAU CA TATHĀ PREMA BHAKTIM SVAKĀM ME PRAYACCHA NA MOKȘO GRAHO ME'STI DĀMODAREHA – 7

*kuvera* – Kuvera;  $\bar{a}tmajau$  – two sons; baddha – bound;  $m\bar{u}rty\bar{a}$  – by the form; eva – surely; yadvat – just as;  $tvay\bar{a}$  – by You; mocitau – both were released; bhakti – devotion;  $bh\bar{a}jau$  – two vessels; krtau – made them both; ca – and;  $tath\bar{a}$  – and then; prema – love; bhaktim - devotion; svakam - of Yourself; me – unto me; prayaccha – please give; na – not; moksa – liberation; grahah - desire; me – of me; asti – there is;  $d\bar{a}modara$  – O Dāmodara!; iha – here.

O Dāmodara! Just as You freed the sons of Kuvera from Nārada's curse with the ropes that bound You to the grinding block, so similarly free me by giving me *prema bhakti* – I don't accept liberation.

## NAMAS TE'STU DĀMNE SPHURAD DĪPTI DHĀMNE TVADĪYODARĀYĀTHA VIŚVASYA DHĀMNE

## NAMO RĀDHIKĀYAI TVADĪYA PRIYĀYAI NAMO'NANTA-LĪLĀYA DEVĀYA TUBHYAM - 8

*nama*ḥ - humble respect; *te* – to You; *astu* – let there be; *dāmne* – to the rope; *sphurat* – splendid; *dīpti* – effulgence; *dhāmne* – unto the abode; *tvadīya* – Your; *udarāya* – unto the belly; *atha* – then; *viśvasya* – of the universe; *dhāmne* – unto the support; *nama*ḥ - humble respect; *rādhikāyai* – unto Rādhikā; *tvadīya* – Your; *priyāyai* – beloved fem.; *nama*ḥ - humble respect; *ananta-līlāya* – unto He with unlimited plays; *devāya* – unto the god; *tubhyam* – unto You.

"Obeisances to the splendid rope, abode of divine brilliance that bound You and to Your tummy, that contains the whole universe. Obeisances to Your beloved Rādhikā and to You, the Lord who performs unlimited pastimes!"

#### OFFERING OF AAKAASH PRADIP DURING THE MONTH OF KARTIK

Aakaash Pradip ("Sky-lamp") is a lamp made of cottonwool soaked in ghee, waved towards the sky.

## DĀMODARĀYA NABHASI TULĀYĀM LOLAYĀ SAHA PRADĪPAM TE PRAYACCHĀMI NAMO'NANTĀYA VEDHASE

*dāmodarāya* – unto Dāmodara; *nabhasi* – in the sky; *tulāyāṁ* - in the lamp wick; *lolayā* – with Lolā; *saha* – with; *pradīpaṁ* - a lamp; *te* – unto You; *prayacchāmi* – I give; *namaḥ* - obeisances; *anantāya* – unto the endless; *vedhase* – unto the virtuous.

Unto Lord Dāmodar, who dwells in the sky with Lolā (Rādhā), I offer this wick lamp. Obeisances to the Endless One, the virtuous!

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#### ŚRĪ-ŚRĪ ADVAITA PRABHOR AȘŢAKAM

#### Eight Sanskrit Prayers to Śrī Advaita Prabhu, by Śrīla Ānanda Gopāla Gosvāmī

#### VERSE 1:

# ŚRĪLĀDVAITA JAGAD-GURO GUŅA-NIDHE GAURĀŅGA DEVA PRIYA SĪTĀNĀTHA DAYĀ-SUDHĀRŅAVA VIBHO SAD BHAKTI VISTĀRAKA HĪNĀRTHĀDHIKA SĀDHAKA DVIJA-MAŅE SAT PREMA HEMĀCALA SVĀMIN KĀTARA KIŅKAREŞU KARUŅĀ-DŖṢŢIM MANĀŅ NIKṢIPA

*śrīla* - the most beautiful; *advaita* - Advaita Prabhu; *jagad* - universe; *guro* - O teacher!; *guņa* - qualities; *nidhe* - ocean; *gaurānga-deva* - Lord Caitanya; *priya* - dear; *sītā-nātha* - the husband of Sītā; *dayā* - grace; *sudhā* - nectar; *arṇava* - ocean; *vibho* - O all-pervading One!; *sad* - real; *bhakti* - devotion; *vistāraka* - expander; *hīna* - of the fallen; *artha* - purpose; *adhika* - more; *sādhaka* - accomplisher; *dvija* - *brāhmaṇa; maṇe* - O jewel!; *sat* - real; *prema* - love of God; *hemācala* - golden mountain; *svāmin* - O master; *kātara* - afflicted; *kiṅkareṣu* - amongst the servants; *karuṇā* - merciful; *dṛṣṭiṁ* - glance; *manāk* - slightly; *nikṣipa* - cast.

O Śrīla Advaita Prabhu! O universal teacher! O ocean of qualities! O Gaurāṅga-deva's dearmost associate! O husband of Sītā! O nectar-ocean of grace! O all-pervading Lord! O expander of pure devotion! O You who are always engaged in bestowing benefit on the fallen souls! O jewel of brāhmaṇas! O golden mountain of love of God! O master! Please cast a slight merciful glance on Your afflicted servants!

#### VERSE 2:

# ĀVIRBHŪYA VILOKAYAN MARU-SAMĀM SAD BHAKTI HĪNĀM DHARĀM LOKĀN KALMAṢA RĀŚI GHORA TIMIRAIR ANDHĀMŚ CA TĀPĀRDITĀN ĀDAU YASYA TAVAIVA HANTA KŖPAYĀ CITTAM DAYĀBDHE DRUTAM SA TVAM KĀTARA KIŅKAREṢU KARUŅĀ-DŖṢŢIM MANĀŅ NIKṢIPA

*āvirbhūya* - appearing; *vilokayan* - seeing; *maru* - desert; *samām* - resembling; *sad* - pure; *bhakti* - devotion; *hīnām* - bereft of; *dharām* - mother earth; *lokān* - people; *kalmaşa* - sins; *rāśi* - heaps; *ghora* - horrible; *timirai*h - darkness; *andhām* - blind; *ca* - and; *tāpa* - affliction; *ārditān* - suffering; *ādau* - in the beginning; *yasya* - whose; *tava* - yours; *eva* - only; *hanta* - alas!; *kṛpayā* - mercifully; *cittam* - consciousness; *dayā* - compassion; *abdhe* - O ocean!; *drutam* - swiftly; *sa* - he; *tvam* - You; *kātara* -

afflicted; *kinkareşu* - amongst the servants; *karuņā* - merciful; *dṛṣṭim* - glance; *manāk* - slightly; *nikṣipa* - cast.

O ocean of compassion! Appearing in this world You saw that it had become like a desert, totally bereft of pure devotional practise. Aha! Seeing the afflicted people there blinded by the dense darkness of their abundant sins Your heart began to melt of great compassion. Please cast a slight merciful glance on Your afflicted servants!

#### VERSE 3:

# GAN̈́GĀMBHAS TULASĪ DALAIR ANAŚANAIR ĀRĀDHYA PRĀŅA PRIYAM GOLOKĀD AVATĀRYA GOPA TANAYAM GAURĀN̈́GA RŪPEŅA YAḤ NĀMA PREMA SUDHĀ-JHARAIḤ KALI HATĀN JĪVĀN SAMĀPLĀVAYAḤ SA TVAM KĀTARA KIN̈́KAREṢU KARUŅĀ-DŖṢṬIM MANĀN NIKṢIPA

gaṅgā - Gaṅgā; ambhaḥ - water; tulasī - Tulasī; dalaiḥ - with leaves; anaśanaiḥ - while fasting; ārādhya - worshipping; prāṇa - heart's; priyaṁ - beloved; golokāt - from Goloka; avatārya - having descended; gopa - cowherd; tanayaṁ - the son; gaurāṅga-rūpeṇa - in the form of Gaurāṅga; yaḥ - who; nāma - name; prema - love of God; sudhā - nectar; jharaiḥ - with the streams; kali - the age of Kali; hatān - afflicted; jīvān - the living beings; samāplāvayaḥ - inundated; sa - he; tvaṁ - You; kātara afflicted; kiṅkareṣu - amongst the servants; karuṇā - merciful; dṛṣṭiṁ - glance; manāk - slightly; nikṣipa - cast.

By worshipping Your heart's beloved prince of the cowherds (Śrī Kṛṣṇa) with Gaṅgā-water and Tulasī-leaves and by fasting You have caused Him to descend from His Goloka-realm in the form of Śrī Gaurāṅga-deva, who inundated the living beings, that were afflicted by the present age of Kali, with the nectar-flood of Hari-nāma and prema. Please cast a slight merciful glance on Your afflicted servants!

#### VERSE 4:

DRAȘȚUM PŪJAKA VARYA KĀNKȘATI MANO NAH SVEDA SIKTĀMBARĀM HUNKĀRA DHVANI DHĀRIŅĪM VIGALITĀM PREMĀŚRUBHIR MOHINĪM MŪRTIM TE PULAKAIŚ CITĀM SURADHUNĪ TĪRA STHITĀM KAMPITĀM TASMĀT KĀTARA KINKAREȘU KARUŅĀ-DŖȘŢIM MANĀN NIKȘIPA drastum - seeing; pūjaka - priest; varya - best; kānkṣati - desiring; manaḥ - mind; naḥ - us; sveda - sweat; sikta - drenched; ambarām - garment; hunkāra - roar; dhvani - sound; dhāriņīm - holder; vigalitām - melting; prema - love of God; aśrubhiḥ - with tears; mohinīm - enchanting; mūrtim - form; te - Your; pulakaiḥ - with goosepimples; citām - heart; suradhunī - Gangā; tīra - bank; sthitām - situated; kampitām - shivering; tasmāt - thus; kātara - afflicted; kinkareṣu - amongst the servants; karuņā merciful; dṛṣțim - glance; manāk - slightly; nikṣipa - cast.

O best of worshippers! When we see Your enchanting form shivering and studded with goosepimples, covered by garments that are drenched by sweatdrops of ecstasy, and when we hear You weeping and roaring of ecstasy, Your eyes filled with tears of love as You stand on the bank of the Gaṅgā, our minds become very agitated. Please cast a slight merciful glance on Your afflicted servants!

#### VERSE 5:

# HE GOPĪ-HŖDAYĀDHIRĀJA SUNDARA-VARA ŚRĪ RĀDHIKĀ VALLABHA DĪNO'YAM BATA YĀCATE'TIVIKALAS TE DARŚANAM MOHANA ITTHAM VĀŞPA-NIRUDDHA KAŅŢHA-LAPITAM TE ŚROTUM UTKĀ VAYAM TASMĀT KĀTARA KIŃKAREŞU KARUŅĀ-DŖŞŢIM MANĀN NIKŞIPA

*he* - O!; *gopī* - cowherdgirl; *hṛdaya* - heart; *ādhirāja* - king; *sundara-vara* - most beautiful one; *śrī rādhikā vallabha* - lover of Śrī Rādhikā; *dīna* - low; *ayaṁ* - this; *bata* - alas!; *yācate* - praying; *ati* very; *vikala* - agitated; *te* - Your; *darśanaṁ* - audience; *mohana* - O enchanter!; *itthaṁ* - thus; *vāṣpa* tears; *niruddha* - choked; *kantha* - throat, or voice; *lapitaṁ* - uttering; *te* - Your; *śrotum* - hearing; *utkā* eager; *vayaṁ* - we; *tasmāt* - thus; *kātara* - afflicted; *kinkareṣu* - amongst the servants; *karuṇā* - merciful; *dṛṣțiṁ* - glance; *manāk* - slightly; *nikṣipa* - cast.

"O sovereign of the *gopīs*' hearts! O most beautiful One! O lover of Śrī Rādhikā! O enchanter! Alas! This fallen soul is very eager to see You!" We are very eager to hear You pray like that with a tear-choked voice, therefore, O master, please cast a slight merciful glance on Your afflicted servants!

#### VERSE 6:

# KVA TVAM GAURA-GAŅĀGRAŅĪH KVA NU VAYAM DĪNĀTI DĪNĀ MAHĀ SAMSĀRĀRŅAVA MAGNA DURGATA NARĀH KĀLUŞYA PANKĀKULĀH

# TASMĀT TE PADAYOR BALAM SASUMATIM BHAKTIM CA YĀCĀMAHE SVĀMIN KĀTARA KIŅKAREṢU KARUŅĀ-DŖṢŢIM MANĀŅ NIKṢIPA

kva - where; tvam - You; gaura-gaṇa - associates of Lord Gaurāṅga; agraṇiḥ - the foremost; kva - where; nu - whether; vayam - we; dīna - low; ati - very; dīnā - fallen souls; mahā - great; samsāra material existence, household life; arṇava - ocean; magna - immersed; durgata - miserable; narāḥ people; kāluṣya - contamination; paṅka - mud; ākulāḥ - agitated; tasmāt - therefore; te - Your; padayoḥ - Your feet; balam - strength; sasumatim - with the right attitude; bhaktim - devotion; ca - and; yācāmahe - we pray; svāmin - O master!; kātara - afflicted; kiṅkareṣu - amongst the servants; karuṇā - merciful; dṛṣṭim - glance; manāk - slightly; nikṣipa - cast.

Where are You, the foremost of Lord Gaurāṅga's associates, and where are we, the most miserable fallen souls that are drowning in the great ocean of materialistic life and are agitated by the muck of sin? Therefore we pray to you for strength and proper devotion to Your lotus feet. O master! Please cast a slight merciful glance on Your afflicted servants!

#### VERSE 7:

# SĪTĀNĀTHA CIRĀYA MOHA TIMIRĀCCHANNAM MANAĻ KANDARAM ASMĀKAM SAMUDITYA GAURA-HARIŅĀ SĀKAM SAMUDBHĀSAYA SAT PREMĀMŖTA SIŞCANAIĻ ŚIŚIRAYAN TAPTĀMS TU NAĻ PĀLAYA SVĀMIN KĀTARA KINKAREŞU KARUŅĀ-DŖȘŢIM MANĀN NIKŞIPA

sītānātha - O husband of Sītā!; cirāya - for long; moha - delusion; timira - darkness; āchannam - covered over; manaḥ - mind; kandaram - cave; asmākam - our; samuditya - arising; gaura-hariņā sākam - with Gaurahari; samudbhāsaya - please illuminate; sat - pure; prema - love of God; amṛta - nectar; siñcanaiḥ - by sprinkling; śiśirayan - cooling off; taptām - the affliction; tu - but; naḥ - our; pālaya - protect; svāmin - O master!; kātara - afflicted; kinkareṣu - amongst the servants; karuņā - merciful; dṛṣṭim - glance; manāk - slightly; nikṣipa - cast.

O husband of Sītā! May You always appear along with Śrī Gaurahari and eradicate the darkness of delusion from the caves of our minds with Your illumination, and may You protect us afflicted souls by sprinkling us with the nectar of pure love of God! O master! Please cast a slight merciful glance on Your afflicted servants!

#### VERSE 8:

# ŚRĪLĀDVAITA DAYĀ-NIDHE TAVA ŚUBHE JANMOTSAVE SAŅGATĀĻ ŚRĪMAT PĀDA SARORUHA DVAYA SAMĀRĀDHĀRTHINAĻ SĀMPRATAM JĀNĪMO NA VAYAŅ TU MŪŅHA-MATAYAS TE DEVA SEVĀ-VIDHIŅ TASMĀT KĀTARA KIŅKAREṢU KARUŅĀ-DŖṢŢIŅ MANĀŅ NIKṢIPA

śrīla advaita - revered Advaita; dayā-nidhe - O ocean of mercy!; tava - Your; śubhe - auspicious; janmotsave - during the birth celebration; saṅgatāḥ - assembled; śrīmat - beautiful; pāda - feet; saroruha - lotus; dvaya - a pair; samārādhā - worshipped; arthinaḥ - for the sake of; sāmpratam - currently; jānīmo - knowing; na - not; vayaṁ - we; tu - but; mūḍha-matayaḥ - fools; te - Your; deva - God; sevā - service; vidhiṁ - rules; tasmāt - hence; kātara - afflicted; kiṅkareṣu - amongst the servants; karuņā - merciful; dṛṣṭiṁ - glance; manāk - slightly; nikṣipa - cast.

O Śrīla Advaita Prabhu! O ocean of mercy! We are now assembled to worship Your lotus-like feet on the auspicious occasion of Your birthday festival. But, O Lord, fools as we are we do not know the rules of this worship! Therefore, please cast a slight merciful glance on Your afflicted servants!

#### **BENEDICTION:**

# YO'DHĪTE ŚARAŅĀGATAŚ CARAŅAYOR ADVAITA DEVA PRABHOR NITYAM BHAKTI VINAMRA MĀNASATAYĀ VANDYASYA TASYĀŞŢAKAM TAM NĀMNĀ KAMALĀKṢA EṢA BHAGAVĀN ŚRĪ KŖṢŅA CAITANYAṢU ANGĪ-KŖTYA NIJĀNGHRI SEVAKATAYĀ PREMĀMŖTAM YACCHATU

yaḥ - anyone; adhīte - recites; śaraṇāgataḥ - taking shelter; caraṇayoḥ - lotusfeet; advaita deva prabhoḥ - of Lord Advaita; nityaṁ - always; bhakti - devotion; vinamra - humbly; mānasatayā - mentally; vandyasya - of this praise; tasya - His; aṣṭakam - eight verses; taṁ - Him; nāmnā - by name; kamalākṣa - lotus-eyed Kamalākṣa; eṣa - this; bhagavān - God; śrī kṛṣṇa caitanyaṣu - with Śrī Kṛṣṇa Caitanya; aṅgīkṛtya - having accepted; nija - own; aṅghri - lotusfeet; sevakatayā - being a servant; prema - love of God; amṛtaṁ - nectar; yacchatu - may He bestow.

May Lord Advaita-deva, who is also known as the lotus-eyed Kamalākṣa, along with Śrī Kṛṣṇa Caitanya, accept anyone who is fully surrendered to His lotus feet and who always humbly and devotedly recites these eight verses, as His servant and bestow the nectar of love of God upon him. Thus ends the Śrī Advaita Prabhor aṣṭakam by Prabhupāda Śrīla Ānanda Gopāla Gosvāmī

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#### **MOHA-MUDGAR**

#### The hammer of Illusion

by Sripad Shankaracarya

# 1] MŪŅHA JAHĪHI DHANĀGAMA TŖṢŅĀM KURU SAD BUDDHIM MANASI VITŖṢŅĀM YALLABHASE NIJA KARMOPĀTTAM VITTAM TENA VINODAYA CITTAM

mūdha – fool; jahīhi – give up; dhanāgama – wealth; tṛṣṇām – thirst; kuru – do; sat – right; buddhim - intelligence; manasi – in the mind; vitṛṣṇām – lack of thirst; yat – what; labhase – you gain; nija – own; karma – work; upāttam – granted; vittam - wealth; tena – by that; vinodaya – rejoice; cittam – consciousness.

O fool, give up hankering after wealth, refine your intellect, shake off thirst for wealth from your mind. Be happy and content with what you have by your honest labor.

# 2] ARTHAM ANARTHAM BHĀVAYA NITYAM NĀSTI TATAH SUKHA LEŚAH SATYAM PUTRĀD API DHANA BHĀJAM BHĪTIH SARVATRAIṢA VIHITĀ NĪTIH

artham - money; anartham - a vice; bhāvaya – contemplate; nityam - always; na – not; asti – there is; tataḥ - then; sukha – happiness; leśaḥ - minutely; satyam – truly; putrād – from a son; api – even; dhana – wealth; bhājam - owner; bhītiḥ - fear; sarvatra – everywhere; eṣa – this; vihitā – prescribed; nītiḥ - morale.

Money is the root of all evil, always remember that. Surely and truly there is not a drop of happiness in it. The rich even fear their son. This is the moral lesson prescribed everywhere.

# 3] YĀVAD VITTOPĀRJANA ŚAKTAS TĀVAN NIJA PARIVĀRO RAKTAĻ TAD NUCA JARAYĀ JARJARA DEHE VĀRTĀM PŖCCHATI KO'PI NA GEHE

 $y\bar{a}vat$  – as long; vitta – money;  $up\bar{a}rjana$  – earning; saktah - power;  $t\bar{a}vat$  – that long; nija – own; parivārah - family; raktah - attached; tat – that; nu – indeed; ca – and;  $jaraya\bar{a}$  – by old age; jarjara – infirm; dehe – the body;  $v\bar{a}rt\bar{a}m$  - news; prcchati – inquires; ka – who; api – even; na – not; gehe – at home.

Your family will love you as long as you make money, but when your body is worn down by old age no one at home will inquire about you.

# 4] KĀ TAVA KĀNTĀ KAS TE PUTRAĻ SAMSĀRO'YAM ATĪVA VICITRAĻ KASYA TVAM VĀ KUTA ĀYĀTAS TATTVAM CINTAYA TAD IDAM BHRĀTAĻ

kā – who (fem.); tava – your; kāntā – wife; kaḥ - who (m.); te – your; putraḥ - son; saṁsāraḥ - family life, or material life; ayaṁ - this; atīva – very much; vicitraḥ - amazing; kasya – whose; tvaṁ - you; vā – or; kutaḥ - from where; āyātaḥ - have come; tattvaṁ - truth; cintaya – ponder; tat – that; idaṁ - this; bhrātaḥ - brother.

Who is your wife, who is your son – this family life is so amazing. Whose are you and where have you come from? O brother, ponder on this!

# 5] MĀ KURU DHANA JANA YAUVANA GARVAM HARATI NIMEṢĀT KĀLAḤ SARVAM MĀYĀMAYAM IDAM AKHILAM HITVĀ BRAHMA-PADAM PRAVIŚĀŚU VIDITVĀ

 $m\bar{a}$  – don't; kuru – do; dhana – wealth; jana – friends; yauvana – youth; garvam - pride; harati – takes away;  $nimes\bar{a}t$  – in a moment;  $k\bar{a}lah$  - time; sarvam – all;  $m\bar{a}y\bar{a}$ -mayam – full of illusion; idam – this; akhilam - all;  $hitv\bar{a}$  – having given up; brahma-padam - divine position; pravisa – enter;  $\bar{a}su$  – quickly;  $viditv\bar{a}$  – having understood.

Don't be fond of your wealth, friends and youth, because time will take it all away in a moment. All this is false. Having understood this, give it all up and enter into spiritual life quickly.

# 6] KĀMAM KRODHAM LOBHAM MOHAM TYAKTVĀTMANAM BHĀVAYA KO'HAM ĀTMA JÑĀNA VIHĪNA MŪŅHĀS TE PACYANTE NARAKE NIGŪŅHĀ

kāmam - lust; krodham - anger; lobham - greed; moham - illusion; tyaktvā – given up; ātmanam - of the self; bhāvaya – think; kaḥ - who; aham – I; ātma – self; jñāna – knowledge; vihīna – bereft; mūḍhāḥ - fools; te – they; pacyante – boiling; narake – in hell; nigūḍhā – deep.

# Give up lust, anger, greed and illusion and ponder – who am I? The fools are bereft of knowledge of the Self and boil in a deep hell.

# 7] SURA-VARA MANDIRA TARU-TALA VĀSAH ŚAYYA BHŪ-TALE AJINAM VĀSAH SARVA PARIGRAHA BHOGA TYĀGAH KASYA SUKHAM NA KAROTI VIRĀGA

sura – god; vara – best; mandira – temple; taru – tree; tala – base; śayya – bedding; bhū – earth; tale – on the surface; ajinam - deer; vāsaḥ - abode; sarva – all; parigraha – taking; bhoga – enjoyment; tyāgaḥ - renouncing; kasya – whose; sukham - happiness; na – not; karoti – does; vi – without; rāga – attachment.

Who will not delight in renunciation, giving up all endeavours and enjoyment, residing sometimes in a godly temple, sometimes under a tree, lying on the ground and dressed in deer skin?

# 8] ŚATRAU MITRE PUTRE BANDHAU MĀ KURU YATNAM VIGRAHA SANDHAU BHAVA SAMA CITTAḤ SARVATRA TVAM VĀÑCHASYACIRĀD YADI VIṢŅUTVAM

*śatrau* – in enemy; *mitre* – in friend; *putre* – in son, *bandhau* – in friend; *mā* – don't; *kuru* – do; *yatnaṁ* - endeavour; *vigraha* – war; *sandhau* – in peace; *bhava* – be; *sama* – equal; *cittaḥ* - consciousness; *sarvatra* – everywhere; *tvaṁ* - you; *vāñchasi* – desire; *acirāt* – swiftly; *viṣṇutvam* – spiritual perfection. If you desire everlasting life swiftly, then be equipoised to enemies, friends, sons, and don't endeavour for war or peace anywhere.

# 9] AṢṬA KULĀCALA SAPTA SAMUDRĀḤ BRAHMA PURANDARA DINAKARA RUDRĀḤ NA TVAṁ NĀHAṁ NĀYAṁ LOKAS TAD API KIM ARTHAṁ KRIYATE ŚOKAḤ

aṣṭa – eight; kula – group; acala – mountain; sapta – seven; samudrāḥ - oceans; brahma – Brahmā; purandara – Indra; dinakara – sun; rudrāḥ - Śiva; na – not; tvaṁ - you; na – not; ahaṁ - me; lokaḥ - people; tat – that; api – even; kiṁ - what; arthaṁ - reason; kriyate – doing; śokaḥ - sorrow.

Nothing is permanent – not even the eight mountains (Himālaya, Mahendra, Sahya, Suktimān, Ŗkṣa, Vindhyā, Paripatra and Malaya), the seven oceans (of salt water, sugarcane, wine, ghee, curd, milk and sweet water), nor Brahmā, Indra, the sun or Śiva, nor me nor you nor any of these people. So why lament?

# 10] NALINĪ DALA-GATA JALAM ATI TARALAM TADVAJ JĪVANAM ATIŚAYA CAPALAM KṢAŅAM IHA SAJJANA SAŅGATIR EKĀ BHAVATI BHAVĀRŅAVA TARAŅE NAUKĀ

nalinī – lotus; dala – leaf; gata – gone; jalam – water; ati – very much; taralam - restless; tadvat – similarly; jīvanam – life; atišaya – very much; capalam – restless; kṣaṇam – a moment; iha – here; sat – good; jana – people; saṅgatiḥ - company; ekā – alone; bhavati – it is; bhava – material life; arṇava – ocean; taraṇe – crossing; naukā – boat.

Life is very transitory, like the water on a lotus leaf. However, even a moment's association with a saint is a boat for crossing the ocean of material life.

# 11] BĀLAS TĀVAT KRĪDĀSAKTAS TARUŅAS TĀVAT TARUŅĪ RAKTAĻ VŖDDHAS TĀVAC CINTĀ MAGNAĻ PARAME BRAHMAŅI KO'PI NA LAGNAĻ

bālaḥ - child; tāvat – that long; krīḍā – play; āsaktaḥ - attached; taruṇaḥ - young man; tāvat – that long; taruṇī – young woman; raktaḥ - attracted; vrddhaḥ - old man; tāvat – that long; cintā – worry;

*magna*h - immersed; *parame* – in the supreme; *brahma*hi – in *brahman; ka* – who; *api* – even; *na* – not; *lagna*h - immersed.

# A child is attached to play, a young man to a young woman and an old man to memories and worries. No one is attached to the Supreme Brahman.

# 12] AṅGAṁ GALITAṁ PALITAṁ MUŅỌAṁ DANTA VIHĪNAṁ JĀTAṁ TUŅỌAM VŖDDHO YĀTI GŖHĪTVĀ DAŅỌAṁ TAD API NA MUÑCATY-ĀŚĀ PIŅỌAM

angam - body; galitam - waning; palitam - grey hair; mundam - skull; danta – teeth; vihīnam - without; jātam - becomes; tundam – mouth; vrddhah - old; yāti – it goes; grhītvā – having grabbed; dandam - staff; tat – that; api – still; na – not; muñcati – gives up; āsā – desire; pindam – heap.

In old age the body deteriorates, the head is covered with grey hair, the mouth becomes toothless, and one clutches a staff to keep straight – still one cannot give up material desires.

# 13] PUNAR API JANANAM PUNAR API MARANAM PUNAR API JANANĪ JAṬHARE ŚAYANAM IHA SAMSĀRE KHALU DUSTARE KRPAYĀ'PĀRE PĀHI MURĀRE

punaḥ - again; api – even; jananaṁ - birth; punaḥ - again; api – even; maranaṁ - death; punaḥ
again; api – even; jananī – mother; jaṭhare – in the belly; śayanam – lying down; iha – this; saṁsāre – repeated birth and death; khalu – surely; dus-tare – hard to cross; kṛpayā – by mercy; apāre – boundless; pāhi – save me; murāre – O Murāri!

Again there is birth, again there is death, again one reclines in the womb of a mother. This material life is surely hard to cross! O Murāri! Save me by Your mercy!

# 14] VAYASI-GATE KAḤ KĀMA VIKĀRAḤ ŚUṢKA NĪRE KAḤ KĀSĀRAḤ NAṢṬE DRAVYE KAḤ PARIVĀRO JÑĀTE TATTVE KAḤ SAMSĀRA

vayasi – age; gate – reached; kaḥ - who; kāma – lust; vikāraḥ - transformation; śuṣka – dry; nīre - water; kaḥ - who; kāsāraḥ - pond; naṣṭe – lost; dravye – goods; kaḥ - who; parivāraḥ - family; jñāte – learned; tattve – truth; kaḥ - who; saṁsāra – material life.

When aged, where is there sexual agitation? When there is drought, where is the pond? When goods are lost, where is the family? When the truth is learned, where is material life?

# 15] DINAM API RAJANĪ SĀYAM PRĀTAĻ ŚIŚIRA VASANTO KĀLAĻ KRĪĻATI GACCHATY-ĀYUS TAD API NA MUÑCATY-ĀŚĀ VĀYUĻ

dinam – day; api – even; rajanī – night; sāyam - evening; prātaḥ - morning; śiśira – winter; vasantaḥ - spring; kālaḥ - time; krīḍati – plays; gacchati – goes; āyuḥ - lifespan; tad – that; api – even; muñcati – gives up; āśā – desires; vāyuḥ - wind.

Day and night, evening and morning, winter and spring. This is the play of Time, and thus our life span is lost. Still the winds of desires are not renounced.

# 16] GURU CARAŅĀMBUJA NIRBHARA BHAKTAH SAMSĀRĀD ACIRĀD BHAVA MUKTAH INDRIYA MĀNASA NIYAMĀD EVAM DRAKŞYASI NIJA HŖDAYA-STHAM DEVAM BHAJA GOVINDAM BHAJA GOVINDAM BHAJA GOVINDAM NANU MŪŅHA-MATE PRĀPTE SANNIDHIM ATHA TE MARAŅE NĀHI NĀHI RAKŞATI SAŅU KŖN KARANE

guru – teacher; caraṇa – feet; ambu-ja – lotus; nirbhara – depending; bhaktaḥ - devotee; saṁsārāt – from material life; a-cirād – before long; bhava – be; muktaḥ - freed; indriya – senses; mānasa – mental; niyamāt – from rules; evaṁ - thus; drakṣyasi – you will see; nija – own; hṛdaya – heart; sthaṁ - stationed; devam – the God; bhaja – worship; govindaṁ - Govinda; bhaja – worship; govindaṁ - Govinda; bhaja – worship; govindaṁ - Govinda; nanu – O; mūḍha – fool; mate – of intelligence; prāpte – attained; sannidhim – close; atha – now; te – your; maraṇe – death; nāhi – not; rakṣati – will protect; saḍu kṛn – rules of grammar; karaṇe – will be able to do it. O devotee! Be swiftly released from material life by depending on the lotus feet of the Guru. Through disciplined senses and controlled mind, you will see the Lord who dwells in your own heart! Worship Govinda, worship Govinda, worship Govinda, Oh dull minded one! When death comes near, no rules of grammar can save you!

4Øk

#### TEN OFFENCES AGAINST THE CHANTING OF THE DIVINE NAMES

#### SATĀM NINDĀM PARAMAM APARĀDHAM VITANUTE YATAH KHYĀTIM YĀTAM KATHAM U SAHATE TAD VIGARHITAM

satām - saints; nindām - criticize; paramam - greatest; aparādham - offence; vitanute - make; yataḥ - from whom; khyātim - fame; yātam - going; katham u - how; sahate - tolerate; tat - that; vigarhitam - reprehensible.

1. To criticise the saints who have broadcast the glory of the divine names is the first and foremost offence. How can the Divine Name ever tolerate such a disgraceful thing?

#### ŚIVASYA ŚRĪ VIṢŅOR YA IHA GUŅA NĀMĀDI SAKALAM DHIYĀ BHINNAM PAŚYET SA KHALU HARI-NĀMĀHITAKARAĻ

śivasya – of Śiva; śrī viṣṇoḥ - of Śrī Viṣṇu; ya – who; iha – here; guṇa – attributes; nāma – name; ādi – etc.; sakalaṁ - all these; dhiyā – with the intelligence; bhinnaṁ - difference; paśyet – sees; sa – he; khalu – surely; hari-nāma – of Hari's name; ahita – not beneficial; kara – doing.

## 2. Whoever sees difference between the attributes, names etc of Śiva and Śrī Viṣṇu certainly does not benefit the Divine Name of Hari.

**GUROR AVAJÑĀ** 

guroh - of the guru; avajñā - disregard, disrespect.

#### 3. To disrespect the Guru.

#### ŚRUTI ŚĀSTRA NINDANAM

*śruti – śruti; śāstra – scripture; nindanam - criticizing.* 

#### 4. To criticise the revealed Vedic scriptures.

#### TATHĀRTHA-VĀDO HARI-NĀMNI KALPANAM

 $tath\bar{a}$  – and then; artha- $v\bar{a}da$  – exaggerated praise; hari- $n\bar{a}mni$  – of hari- $n\bar{a}ma$ ; kalpanam – imagination.

5. Giving up the glorifying meaning of the Hari-nāma and concocting another, futile, meaning.

#### NĀMNO BALĀD YASYA HI PĀPA BUDDHIĻ NA VIDYATE TASYA YAMAIR HI ŚUDDHIĻ

*nāmna* – of the name; *balāt* – from strength; *yasya* – whose; *hi* – surely; *pāpa* – sin; *buddhi*<sub>h</sub> - attitude; *na* – not; *vidyate* – exists; *tasya* – his; *yamai*<sub>h</sub> - by rules; *hi* – surely; *śuddhi*<sub>h</sub> - purification.

#### 6. Committing sin on strength of the Divine Names.

Sādhu Bābā: "If chanting of *hari-nāma* destroys all sins then I can deliberately commit sin and then later destroy them by chanting *hari-nāma*. Thinking like this is an offence."

#### DHARMA VRATA TYĀGA HŪTĀDI SARVA ŚUBHA KRIYĀ SĀMYAM API PRAMĀDAĻ

dharma – ordinary religious duties; vrata – vows;  $ty\bar{a}ga$  – renunciation;  $h\bar{u}ta$  – sacrifices;  $\bar{a}di$  – beginning; sarva – all; subha – auspicious;  $kriy\bar{a}$  – activities;  $s\bar{a}myam$  – being equal; api – even;  $pram\bar{a}dah$  - error.

7. Considering the performance of ordinary religious duties, vows, renunciation, sacrifices and all other auspicious pious works to be equal to the chanting of Hari-nāma is an offence.

#### AŚRADDADHĀNE VIMUKHE'PYAŚŖŅVATI YAŚ COPADEŚA ŚIVA NĀMĀPARĀDHAĻ

aśraddhadhāne – faithless; vimukhe – averse; api – even; aśrņvati – not listening; yaḥ - who; ca – and; upadeśa – instruct; śiva – Śiva; nāma – name; aparādhaḥ - offence

# 8. To instruct a faithless, averse person who is unwilling to listen is an offence.

#### ŚRUTE'PI NĀMA MĀHĀTMYE YAḤ PRĪTI RAHITO NARAḤ

*śrute* – hearing; *api* – even; *nāma* – the divine name; *māhātmye* – in the glories; *yaḥ* - who; *prīti* – love; *rahitaḥ* - bereft; *naraḥ* - human.

# 9. To remain bereft of love for the Divine Name even after hearing its glorification.

# AHAM MAMĀDI PARAMO NĀMNI SO'PYAPARĀDHA-KŖT JĀTE NĀMĀPARĀDHO'PI PRAMĀDENA KATHAÑCANA SADĀ SAŅKĪRTAYANN NĀMA TAD EKA ŚARAŅO BHAVET

aham - I; mama – mine; ādi – etc.; paramaḥ - greatest; nāmni – name; saḥ - he; api – even; aparādha – offence; krt – maker; jāte – born; nāma – divine name; aparādha – offence; api – even; pramādena – by mistake; kathañcana – somehow; sadā – always; sankīrtayann – full chanting; nāma – the divine names; tad – that; ekaḥ - only; śaraṇaḥ - shelter; bhavet – must be.

# 10. A person who engages in sense enjoyment, thinking in terms of 'I' and 'mine ' is an offender.

"If one somehow, inadvertently, commits an offence to the Divine Names one should take constant and exclusive shelter of the assembled singing of Hari-nāma."

#### MANTRAS

#### <u>Śrī-Śrī Gurudeva's meditation —</u>

# ŚVETĀMBARA PARIDHĀNAM ŚVETA MĀLĀNULEPANAM VARĀBHAYA KARAM ŚĀNTAM KARUŅĀMAYA VIGRAHAM VĀMENOTPALA DHĀRIŅYĀ ŚAKTYĀLINGITA VIGRAHAM SMERĀNANAM SUPRASANNAM SĀDHAKĀBHIŞŢA DĀYAKAM

*śveta* – white; *ambara* – garments; *paridhāna* – wearing; *śveta* – white; *mālā* – garlands; *anu-lepanam* – ointments; *vara* – blessing; *abhaya* – fearless; *karam* - hand; *śāntam* – peaceful; *karuņā-maya* – full of compassion; *vigraham* – form; *vāmena* – with, through the left; *utpala* – lotus flower; *dhāriņyā* – by the female bearer; *śaktyā* – by the energy; *ālingita* – embraced; *vigraham* – form; *smera* – smiling; *ānana* – face; *su* – good, well; *prasanna* – pleased, happy, satisfied; *sādhaka* – spiritual practitioner; *abhiṣta* – desired thing; *dāyakam* – the bestower.

He wears white garments, garlands and ointments. His hand bestows blessings and fearlessness. He is peaceful. He is the embodiment of compassion. His shape is embraced by the Shakti that holds a lotus in the left hand. His smiling face radiates satisfaction. He bestows all boons to the *sādhakas*.

4Øk

# <u>Śrī-Śrī Kṛṣṇa's Pranām Mantra –</u>

#### NAMO BRAHMAŅYA DEVĀYA GO-BRĀHMAŅA HITĀYA CA JAGADDHITĀYA KŖṢŅĀYA GOVINDĀYA NAMO NAMAĻ

namaḥ - obeisances; brahmaṇya – of the brāhmaṇas – devāya – unto the Lord; go – cows; brāhmaṇa - of the brāhmaṇas; hitāya – unto He who benefits; ca – and; jagat – the world; hitāya – unto He who benefits; kṛṣṇāya – unto Kṛṣṇa; govindāya – unto Govinda; namaḥ - obeisances; namaḥ obeisances.

"Obeisances time and again to Kṛṣṇa, Govinda, the god of the *brāhmaṇas* and the cows, the benefactor of the *brāhmaṇas* and the whole universe."

4Çk

Songs and verses of Sadhu Baba's gosthi

#### <u>Śrī-Śrī Rādhikā's Pranām Mantra</u> –

# TAPTA KĀÑCANA GAURĀŅĢI RĀDHE VŖNDĀVANEŚVARI VŖṢABHĀNU SUTE DEVI TVĀŅ NAMĀMI HARI PRIYE

tapta – molten; kāñcana – gold; gaurāngī – golden bodied fem. – rādhe – O Rādhā!; vṛndāvanaiśvari – O mistress of Vṛndāvana!; vṛṣabhānu – of Vṛṣabhānu – sute – O daughter!; devi – O goddess!; tvām - unto You; namāmi – I offer obeisances; hari – of Hari; priye – O beloved fem.

"O beloved of Hari! O daughter of King Vṛṣabhānu! O goddess! O Rādhe! O goddess of Vrindāvan! O You whose golden body resembles molten gold! I offer my obeisances unto You!"

4Åk

# <u>Śrī-Śrī Sūrya's Pranām Mantra</u> –

# JAVĀ KUSUMA SANKĀŚAM KĀŚYAPEYAM MAHĀ-DYUTIM DHVĀNTĀRIM SARVA PĀPA-GHNAM PRAŅATO'SMI DIVĀKARAM

*javā-kusuma* – China rose; *saņkāśa* – appearance; *kāśyapeyaṁ* - solar; *mahā* – great; *dyutim* – radiance; *dhvānta* – darkness; *ari* – enemy; *sarva* – all; *pāpa* – sin; *ghna* – destroy; *praṇata* – salute; *asmi* – I am; *diva* – day; *ākaram* – source.

"I salute the sun, whose rays shine like the (blood-red) Javā-flower, who is great solar radiance, who is the enemy of darkness and who destroys all sins."

4Çk

# Śrī-Śrī Krṣṇa's meditation –

# BARHĀPĪŅĀBHIRĀMAM MŖGAMADA TILAKAM KUŅŅALĀKRĀNTA GAŅŅAM KAÑJĀKṢAM KAMBU-KAŅŢHAM SMITA SUBHAGA MUKHAM SVĀDHARE NYASTA VEŅUM

ŚYĀMAM ŚĀNTAM TRIBHANGAM RAVI-KARA VASANAM BHŪṢITAM VAIJAYANTYĀ VANDE VŖNDĀVANASTHAM YUVATI ŚATĀVŖTAM BRAHMA GOPĀLA VEŚAM *barha* – peacock-feathers; *āpīḍa* - chaplet tied on the crown of the head; *abhirāmaṁ* - beautified; *mṛga-mada* – musk; *tilakam* – *tilaka-*mark; *kuṇḍala* – earrings; *ākrānta* – pressed by; *gaṇḍam* – cheeks; *kañja* – lotus; *akṣaṁ* - eyes; *kambu* – conchshell; *kaṇṭhaṁ* - neck; *smita* – smile; *subhaga* – beautified; *mukhaṁ* - face; *sva* – own; *adhare* – on the lips; *nyasta* – placed; *veṇum* – flute; *śyāmaṁ* - dark blue; *śāntaṁ* - peaceful; *tri* – three; *bhaṅgaṁ* - bends; *ravi* – sun; *kara* – rays; *vasanaṁ* - cloth; *bhūṣitaṁ* - adorned; *vaijayantyā* – by Vaijayantī; *vande* – praises; *vṛndāvana* – Vṛndāvana; *sthaṁ* - staying; *yuvati* – young girl; *śata* – hundreds; *āvṛtaṁ* - surrounded; *brahma* – Brahman; *gopāla* – cowherd; *veśam* – dress.

"I salute the Supreme Brahman that dwells in Vṛndāvana dressed like a cowherd boy, His head beautified by a peacock feather crown, His forehead adorned with a musk *tilaka*-mark, His cheeks struck by His earrings, His eyes resembling lotus flowers, His neck a conch shell, His beautiful smiling mouth holding a flute to the lips. He is blackish blue in complexion, peaceful, stands in a threefold bending form, His cloth shines like the sunrays, He is decorated by a five-flower garland and He is surrounded by hundreds of young girls."

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# <u>Śrī-Śrī Rādhārānī's meditation –</u>

# TATO'DHYĀYET PARAM DEVĪM KĀNCANĀBHĀM VARA PRADĀM KIŚORĪM KŖṢŅA SAHITĀM NILĀMBARA DHARĀM ŚUBHĀM DAKṢIŅE DHŖTA TĀMBULĀM PĀŅAU VĀME SAMUDGAKĀM DHĀRAYANTĪM SVARNA BHŪṢĀM SADĀ KŖṢŅĀNURĀGIŅĪM KŖṢŅASYA NAYANĀSAKTĀM HĀRA NŪPURA BHŪṢITĀM

tatah - then; dhyāyet - must meditate; parām - supreme; devīm - goddess; kāncana - golden; ābhām - glow; vara - blessing; pradām - fem. giver; kiśorīm - adolescent girl; kṛṣṇa - Kṛṣṇa; sahitām along with; nīla - blue; ambara - cloth; dharām - fem. wearer; śubhām - auspicious; dakṣiṇe - on the right; dhṛta - holding; tāmbūlām - betel; pāṇau - in the hand; vāme - on the left; samudgakām - round box; dhārayantīm - wearing; svarṇa - golden; bhūṣām - ornaments; sadā - always; kṛṣṇa - Kṛṣṇa; anu constant; rāgiņīm - attached fem.; kṛṣṇasya - of Kṛṣṇa; nayana - eye; āsaktām - fond of; hāra necklaces; nūpura - anklebells; bhūṣitām - ornamented.

"Now meditate on the Supreme Goddess, who shines like gold and bestows blessings. She is of adolescent age, dwells with Kṛṣṇa, wears a beautiful blue dress, is auspicious, holds a betel leaf in Her right hand and a round box in Her left hand. She wears golden ornaments and is always passionately attached to Kṛṣṇa. She is the apple of Kṛṣṇa's eyes and is adorned with necklaces and anklebells."

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#### Śrī-Śrī Vrndāvana's meditation -

# ŚRĪMAD VŖNDĀVANAM RAMYAM YAMUNAYĀ PRADAKȘIŅAM ŚUDDHA SVARŅA-MAYAM STHĀNAM KALPA-VŖKṢA SU-ŚOBHANAM NĀNĀ PUṢPA VANAM TATRA GANDHEṢU PARIPŪRITAM DHYEYAM VŖNDĀVANAM DHĀMA GOPA GOPI VIRĀJITAM

*śrīmad* – beautiful; *vṛndāvanaṁ* - Vṛndāvana; *ramyaṁ* - charming; *yamunayā* – by Yamunā; *pradakṣiṇaṁ* – surrounded; *śuddha* – pure; *svaṛṇa* – golden; *mayaṁ* - made of; *sthānaṁ* – place; *kalpavṛkṣa* – desire trees; *su-śobhanaṁ* – beautified by; *nānā* – various; *puṣpa* – flowers; *vanaṁ* - forests; *tatra* – there; *gandheṣu* – among fragrances; *paripūritaṁ* - filled; *dhyeyaṁ* - meditated; *vṛndāvanaṁ* -Vṛndāvana; *dhāma* – abode; *gopa* – cowherd boy; *gopī* – cowherd girl; *virājitaṁ* - exist.

"Meditate on Vṛndāvana, so lovely and beautiful, surrounded by the Yamunā river, made of pure gold and adorned by desire trees. There are different flower gardens there filled with fragrant flowers and many cowherd boys- and girls live there."

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#### Mantra for picking Tulasī-leaves -

# TULASYAMŖTA NĀMĀSI SADĀ TVAM KEŚAVA PRIYĀ KEŚAVĀRTHE CINOMI TVĀM VARADĀ BHAVA ŚOBHANE

*tulasi* – tulasī; *amṛta* – nectar; *nāma* – name; *asi* – is; *sadā* – always; *tvaṁ* - you; *keśava priyā* – dear to Keśava; *keśava-arthe* – for Keśava's sake; *cinomi* – I pick; *tvaṁ* - you; *varadā* – bestower of blessings; *bhava* – be; *sobhane* – beautiful, excellent female.

"Tulasi! Your name is like nectar! You are always Keśava's beloved. I pick you for the service of Keśava! O beautiful one! Be bestower of blessings." ų de la de l

# Śrī-Śrī Gopīśvara's Pranām Mantra –

# VRNDĀVANĀVANI PATE JAYA SOMA SOMA-MAULE! SANANDANA SANĀTANA NĀRADEŖHYA GOPĪŚVARA VRAJA VILĀSI YUGĀŅGHRI PADME PREMA PRAYACCHA NIRUPĀDHI NAMO NAMAS TE

*vṛndāvana* – Vṛndāvana; *avani* – the land; *pate* – oh master! *jaya* – victory to You!; *soma* – *sa* + *umā* – the husband of Umā; *soma-maule* – O you with the moon-sliver crown; *sanandana sanātana nārada* – Sanandana, Sanātana and Nārada; *iḍhya* – worshipable; *gopī-īśvara* – master of the *gopīs*; *vraja-vilāsī* – enjoyers in Vraja, Rādhā-Kṛṣṇa; *yuga* – couple; *aṅghri* – feet; *padme* – in the lotus; *prema* – love; *prayaccha* – please give; *nir-upādhi* – causeless; *namaḥ namaḥ* - not me, not me (obeisances); *te* – to You.

"O Gopiśvara [Shiva]! O master of the land of Vṛndāvana! O Soma (sa+umA = He who consorts with Uma) with the moon crest! O You who are worshiped by Sanandana, Sanātana and Nārada! Please give me causeless love for the lotus feet of the young couple that enjoys in Vraja (Rādhā-Kṛṣṇa)! I offer my obeisances unto You again and again!"

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## ADHIVĀSA KĪRTAN

#### Adhivaasa Kirtan is held on the eve of any important festival.

# JAYA RE JAYA RE GORĀ, ŚRĪ ŚACI NANDANA, MAŅGALA NAṬANA SUṬHĀM KĪRTANA ĀNANDE, ŚRĪVĀS RĀMĀNANDE, MUKUNDA VĀSU GUŅA GĀN

jaya re jaya – all victory; re – O! gorā - Caitanya Mahāprabhu; śrī śaci nandana – the son of Śacī, maṅgala – auspicious; naṭana – dancing; suṭhām – beautiful; kīrtana ānande – in the ecstasy of kīrtan; śrīvās rāmānande, mukunda vāsu - Śrīvāsa, Rāmānanda, Mukunda and Vāsu Ghoṣa; guṇa - His glories; gān – sing.

"All glories to Śrī Śacīnandana (Śrī Caitanya Mahāprabhu) and His auspicious dance! In the ecstasy of *kīrtan* Śrīvāsa, Rāmānanda, Mukunda and Vāsu Ghoṣa sing His glories."

# DRĀNG DRĀNG DRIMI DRIMI, MAŅGALA BĀJATA, MADHURA MANDIRA RASĀLA RE ŚAŅKHA KARATĀL, GHAŅṬĀ RABA BHELO, MILALO PADA TALE TĀLA RE

drāng drāng drimi drimi - drāng drāng drimi drimi; mangala – auspicious; bājata – playing; madhura – sweet; mandira – temple; rasāla – tasty; re – O! śankha - conch shells; karatāl - hand cymbals; ghaņṭā – gongs; raba – sound; bhelo – was; milalo – meeting; pada – feet; tale – soles; tāla – rhythms; re – O!

"The sweet tasty temple resounds with auspicious rhythms like *drāng drāng drimi drimi*. Conch shells, hand cymbals and gongs resound, meeting with the rhythm of dancing foot-soles."

# KO DEI GORĀ AŅGE, SUGANDHI CANDANA, KO DEI MĀLATI MĀLA RE PIRĪTI PHULA-ŚARE, MARAMA BHEDALO, BHĀVE SAHACARA BHORA RE

*ko* – some; *dei* – give; *gorā* - Caitanya Mahāprabhu; *aṅge* – on the body; *sugandhi* – fragrant; *candana* - sandalwood paste; *ko* – some; *dei* – give; *mālati* - Mālati flowers; *māla* - a garland of; *re* – O!;

*pirīti* – love; *phula* – flower; *śare* – arrows; *marama* – heart; *bhedalo* – pierced; *bhāve* - in emotions; *sahacara* - His associates; *bhora* - steeped in; *re* – O!

"Some anoint Gorā's body with fragrant sandalwood paste, others with a garland of Mālati flowers. The hearts of His associates are pierced with the arrows of pure love and thus they are steeped in emotions."

# KOI KOHOTO GORĀ, JĀNAKĪ BALLABHA, RĀDHĀRA PRIYA PAÑCA BĀN RE NAYANĀNANDER MONE, ĀNANDA HI JĀNE, ĀMĀR GADĀDHARER PRĀN RE

koi – some; kohoto – say; gorā - Caitanya Mahāprabhu; jānakī – Sītā; ballabha - the husband of; rādhāra – Rādhā's; priya – dear; pañca – five; bān - arrows; re – O! nayanānander - Nayanānanda's; mone – in the mind; ānanda – bliss; hi jāne – knows; āmār – my; gadādharer - of Gadādhara; prān – life airs; re – O!

"Some say that Gorā is Rāma, the husband of Sītā, others say He is the beloved of Rādhā (Kṛṣṇa), but Nayanānanda (the author) blissfully knows: 'He is the life of my Gadādhara."

Dhana-śri –

# EKA DINA PAHU HĀSI, ADVAITA MANDIRE ĀSI BOLILEN ŚACĪRA KUMĀR NITYĀNANDA KORI SAŅGE, ADVAITA BOSILĀ RAŅGE MAHOTSAVE KORILĀ VICĀR

eka – one; dina – day; pahu – the Lord; hāsi – laughed; advaita - of Advaita Prabhu; mandire – in the home; āsi - coming; bolilen – said; śacīra – of Śacī; kumār – the boy; nityānanda – Nityānanda; kori – doing; saṅge – in company; advaita - Advaita Prabhu; bosilā – sat; raṅge - blissfully; mahotsave a festival; korilā – did; vicār - deliberating on.

"One day the Lord Śacīnandan laughed, went to the abode of Advaita Prabhu and blissfully sat down with Him and Nityānanda, deliberating on holding a festival."

ŚUNIYĀ ĀNANDE ĀSI,SĪTĀ ṬHĀKURĀŅĪ HĀSI,KOHILEN MADHURA VACANTĀ' ŚUNI ĀNANDA MONE,MAHOTSAVERA VIDHĀNE

#### KOHE KICHU ŚACĪRA NANDAN

*śuniyā* – hearing; *ānande* – in bliss; *āsi* – coming; *sītā țhākurāņī* - Sītā Ṭhākurāņī; *hāsi* – smiled; *kohilen* – spoke; *madhura* – sweet; *vacan* – words; *tā'* – that; *śuni* – hearing; *ānanda* – bliss; *mone* – in mind; *mahotsavera* – of the festival; *vidhāne* - rules; *kohe* – said; *kichu* – something; *śacīra* – of Śacī; *nandan* – son.

"Hearing these deliberations, Sītā Ṭhākurāņī came, smiled and spoke sweet words. Hearing them, the Son of Mother Śacī then blissfully spoke of the festival's rules."

# ŚUNO ȚHĀKURĂŅI SĪTĀ, VAIȘŅAVA ĀNIYĀ ETHĀ ĀMANTRAŅA KORIYĀ JATANE JE BĀ GĀY JE BĀJĀY, ĀMANTRAŅA KORI TĀI PRTHAK PRTHAK JANE JANE

*śuno* – listen; *ṭhākurāņi* – revered; *sītā* – Sītā; *vaiṣṇava* - Vaiṣṇavas; *āniyā* – bring; *ethā* – here; *āmantraṇa* – invite; *koriyā* – doing; *jatane* – with effort; *je* – whoever; *bā* – or; *gāy* – sings; *je* – whoever; *bājāy* – plays music; *āmantraṇa* – inviting; *kori* – doing; *tāi* – thus; *pṛthak pṛthak* – separately; *jane jane* – each person.

"Listen O revered Sītā Devi – carefully invite all the Vaiṣṇavas – whoever can sing or play a musical instrument, separately, one by one."

# ETO BOLI GORĀ RĀY, ĀGYĀ DILO SOBĀKĀY VAIṢŅAVE KOROHO ĀMANTRAN KHOLA KARATĀLA LOIYĀ, AGURU CANDANA DIYĀ PŪRŅA GHAŢ KOROHO STHĀPAN

eto – this much; boli – saying; gorā rāy - Lord Gorā; āgyā – order; dilo – he gave; sobākāy – to all; vaiṣṇave - the Vaiṣṇavas; koroho – doing; āmantran – inviting; khola – drums; karatāla – hand cymbals; loiyā – taking; aguru – aguru; candana - sandalwood paste; diyā – by; pūrṇa – full; ghat – jug; koroho - do; sthāpan – establish.

"Saying this much, Lord Gorā ordered them all: "Invite the Vaiṣṇavas, take the drums and hand cymbals, *aguru* incense and sandalwood paste and establish full jugs!"

## ĀROPANA KORO KOLĀ, TĀHE BĀŅDHO PHULA MĀLĀ, KĪRTAN MAŅŅALĪ KUTŪHOLE

#### MĀLYA CANDANA GUWĀ, GHŖTA MADHU DODHI DIYĀ KHOLA MAŅGALA SANDHYĀ KĀLE

*āropana* – raise; *koro* – do; *kolā* – banana; *tāhe* – on that; *bāṅdho* – tie; *phula* – flower; *mālā* – garlands; *kīrtan* – singing; *maṇḍalī* – group; *kutūhole* – delighted; *mālya* – garlands; *candana* - sandal wood paste; *guwā* - betel leaves; *ghṛta* – ghee; *madhu* – honey; *dodhi* – yogurt; *diyā* – through; *khola* – drums; *maṅgala* – auspicious; *sandhyā* – evening; *kāle* – in time.

"Raise the banana trees and tie flower garlands to them, arrange for a blissful *kīrtan*-group, garlands, sandal wood paste, betel leaves, ghee, honey, curd and drums in the auspicious evening time!"

# ŚUNIYĀ PRABHUR KOTHĀ,PRĪTE VIDHI KOILO JATHĀNĀNĀ UPAHĀR GANDHA VĀSESABE HARI HARI BOLE,KHOLA MAŅGALA KOREPARAMEŚVAR DĀS RASE BHĀSE

*śuniyā* – hearing; *prabhur* – the Lord's; *kothā* – words; *prīte* – in love; *vidhi* – rules; *koilo* – they did; *jathā* – as; *nānā* – different; *upahār* – presents; *gandha* – perfumes; *vāse* – fragrance; *sabe* – all; *hari hari bole* - saying Hari Hari; *khola* – drums; *mangala* – auspicious; *kore* – doing; *parameśvar dās* Parameśvar Dās; *rase* – in *rasa*, taste; *bhāse* – floating.

"Hearing the Lord's words, the devotees lovingly carried out these rules with various gifts, perfumes and garments. All were saying Hari Hari, making auspicious sounds with their drums. Thus Parameśvar Dās floats in Rasa [spiritual emotions]."

yathā rāga –

# NĀNĀ DRAVYA ĀYOJANA, KORI KORE NIMANTRAN KŖPĀ KORI KORO ĀGAMAN TOMARĀ VAIṢŅAVA GAN, MORA EI NIVEDANA DŖṢȚI KORI KORO SAMĀPAN

nānā – various; dravya – items; āyojana – preparing; kori kore – doing; nimantran – inviting;
kṛpā kori – please; koro – do; āgaman – come; tomarā – you (plural); vaiṣṇava gaṇa - Vaiṣṇavas; mora – my; ei – this; nivedana – submission; dṛṣṭi – glance; kori koro – do; samāpan – completing.

Preparing different items, the devotees invite as follows: "Please come and attend. This is my prayer to all you Vaiṣṇavas – Gives us your merciful glance and bring this work (i.e. Nām Yagya) to fruition."

# KORI EI NIVEDANA, ĀNILO MAHĀNTA GAN KĪRTANERA KORE ADHIVĀS ANEKA BHĀGYERA PHALE, VAIṢŅAVA ĀSIYĀ MILE KĀLI HOBE MAHOTSAVA VILĀS

kori – doing; ei – this; nivedana – submission (invitation); ānilo – brought; mahānta – devoteeleaders; gaņa – group; kīrtanera – of the kīrtan; kore – doing; adhivās - the adhivāsa kīrtan; aneka – great; bhāgyera – of luck; phale – as a result; vaiṣṇava - the Vaiṣṇavas; āsiyā – coming; mile – meeting; kāli – tomorrow; hobe – will be; mahotsava – great festival; vilās – joyous.

"After making this invitation, the devotees ushered the Mahāntas (devotee leaders) inside (the sacrificial arena) and (altogether) they performed the *adhivāsa kīrtan* (which states in essence:): It is a result of great luck that we can meet the Vaiṣṇavas. Tomorrow we shall have a joyous festival."

# ŚRĪ KŖṢŅERA LĪLĀ GĀN, KORIBEN ĀSVĀDAN PŪRIBE SOBĀR ABHILĀSH ŚRĪ KŖṢŅA CAITANYA, SAKALA BHAKATA VŖNDA, GUŅA GĀY VŖNDĀVANA DĀS

śrī kṛṣṇera - of Śrī Kṛṣṇa; līlā – pastimes; gān – songs; koriben – you will do; āsvādan - relish; pūribe – fulfil; sobār – everyone's; abhilāsh - desires; śrī kṛṣṇa caitanya - Śrī Kṛṣṇa Caitanya; sakala – all; bhakata – devotee; vṛnda – group; guṇa – glory; gāy – sings; vṛndāvana dās - Vṛndāvan dās.

"They (the Vaiṣṇavas) will sing of Śrī Kṛṣṇa's Līlā and relish it, fulfilling everyone's aspirations. Thus Vṛndāvan dās sings the glories of Śrī Kṛṣṇa Caitanya and all His devotees."

yathā rāga –

ĀGE RAMBHĀ ĀROPAN, PŪRŅA GHAṬA STHĀPAN, ĀMRA PALLAVA SĀRI SĀRI DVIJE VEDA DHVANI KORE, NĀRĪ GAŅA JOY KORE ĀR SABE BOLE HARI HARI *āge* – first; *rambhā* - banana trees; *āropan* – plant; *pūrņa* – full; *ghaṭa* – pot, jug; *sthāpan* – establish; *āmra* – mango; *pallava* – leaves; *sāri sari* – in rows; *dvije* – *brāhmaṇas; veda* – Veda; *dhvani* – sound (recital); *kore* – do; *nārī* – women; *gaṇa* – group; *joy* – *jaya; kore* – doing (saying); *ār* – others; *sabe* – all of them; *bole* – saying; *hari hari* - hari hari.

"First plant the banana trees, then establish a full jug and place mango leaves in rows. Brahmins will recite the Vedas and women will sing Jay. Everyone else will sing Hari Hari."

# DADHI GHŖTA MAŃGALA, KORI SOBE UTAROLA, KOROYE ĀNANDA PARAKĀŚ ĀNIYĀ VAIṢŅAVA GAN, DIYĀ MĀLĀ CANDAN, KĪRTANA MAŃGALA ADHIVĀS

dadhi – curds; ghṛta – ghee; maṅgala - auspicious; kori – doing; sobe – all; utarola – tumult; koroye – doing; ānanda – bliss; parakāś - displaying; āniyā – bringing; vaiṣṇava - the Vaiṣṇavas; gaṇa – group; diyā – giving; mālā – garlands; candan - sandalwood pulp; kīrtana - kīrtana; maṅgala – auspicious; adhivās – adhivāsa.

"There must be auspicious curds and ghee and everyone will display ecstasy by making loud noises. Bring the Vaiṣṇavas, offer them garlands and sandalwood pulp and thus perform this auspicious *adhivāsa kīrtan*."

# SABĀR ĀNANDA MON, VAIṢŅAVERA ĀGAMAN KĀLI HOBE CAITANYA KĪRTAN ŚRI KŖṢŅA CAITANYA NĀM, ŚRĪ NITYANĀNDA RĀM, GUŅA GĀY DĀSA VRINDĀVAN

sabār – of all; ānanda – bliss; mon – mind; vaiṣṇavera – of the Vaiṣṇavas; āgaman - arrival; kāli
tomorrow; hobe – will be; caitanya – Caitanya; kīrtan – kīrtan; śri kṛṣṇa caitanya - Śrī Kṛṣṇa Caitanya;
nām – holy name; śrī nityanānda rām - Śrī Nityānanda Rām; guṇa – glories; gāy – sings; dāsa vrindāvan
Vṛndāvan Dās.

"To everyone's delight, the Vaiṣṇavas are coming because tomorrow there will be Caitanya Kīrtan. Thus Vṛndāvan Dās sings the glories of Śrī Kṛṣṇa Caitanya and Śrī Nityānanda Rām." Songs and verses of Sadhu Baba's gosthi

#### yathā rāga -

# JAYA JAYA NAVADVĪPA MĀJH GAURĀŅGA ĀDEŚ PĀIYĀ, ȚHĀKURA ADVAITA JĀIYĀ, KORE KHOL MAŅGALERA SĀJ

jaya jaya – victory, victory; navadvīpa – Navadvīpa; mājh – in the middle; gaurānga - Gaurānga's; ādeś – order; pāiyā – getting; ṭhākura – Lord; advaita – Advaita; jāiyā - going; kore – doing; khol – drum; mangalera – auspicious; sāj – prepare (decorate, worship).

"All glories to Navadvīp! Receiving Gaurāṅga's order, Advaita Prabhu goes and prepares the Khol Maṅgal (auspicious worship of the Kīrtan drums)."

# ĀNIYĀ VAIṢŅAVA SOB,HARIBOL KALA-ROBMAHOTSABER KORE ADHIVĀSĀPANE NITĀI DHAN,DEI MĀLĀ CANDANKORE PRIYA VAIṢŅAVA SAMBHĀSH

*āniyā* – bringing; *vaiṣṇava* - the Vaiṣṇavas; *sob* – all; *haribol* – Haribol; *kala-rob* – the sound; *mahotsaber* - of the festival; *kore* – doing; *adhivās* - the *adhivās kīrtan; āpane* – Himself; *nitāi dhan* - Nitāi Cānd, *dei* – gives; *mālā* - the garlands; *candan* - the sandalwood paste; *kore* – doing; *priya* – dear; *vaiṣṇava* - the Vaiṣṇavas; *sambhāsh* – addresses.

"He brings all the Vaiṣṇavas, who perform the *adhivās kīrtan* of the festival by chanting Haribol. Nitāi Cānd Himself distributes the garlands and the sandalwood paste and sweetly addresses the Vaiṣṇavas."

# GOVINDA MŖDAŃGA LOIYĀ, BĀJĀY TĀ TĀ THAIYĀ THAIYĀ KARATALE ADVAITA CAPAL HARIDĀS KORE GĀN, ŚRĪVĀS DHARAYE TĀN NĀCE GORĀ KĪRTANA MAŅGAL

govinda – Govinda; mrdanga - the clay drum; loiyā – takes; bājāy – plays; tā tā thaiyā thaiyā tā tā thāiyā thāiyā; karatale - the hand cymbals; advaita capal - restless Advaita; haridās – Haridās; kore – does; gān – sing; śrīvās – Śrīvās; dharaye tān - utters a melodious note; nāce – dances; gorā - Śrī Gaurānga; kīrtana mangal - in this auspicious kīrtan.

"Govinda takes the clay drum and plays the rhythm *tā tā thāiyā thāiyā*, while restless Advaita plays the hand cymbals. Haridās sings and Śrīvās utters a melodious note, while Śrī Gaurāṅga Himself dances in this auspicious *kīrtan*." Songs and verses of Sadhu Baba's gosthi

# CAU-DIKE VAIṢŅAVA GAN, HARI BOLE GHANE GHAN KĀLI HOBE KĪRTAN MAHOTSAB ĀJI KHOL MAṅGALI, RĀKHIYE ĀNANDA KORI BAṅGŚĪ BOLE DEHO JAYA RAB

*cau* – four; *dike* – in directions; *vaiṣṇava gaṇa* - the Vaiṣṇavas; *hari bole* - singing Hari; *ghane ghan* - loudly; *kāli* – tomorrow; *hobe* – will be; *kīrtan mahotsab* - a great *kīrtan* festival; *āji* – today; *khol maṅgali* - the Khol Maṅgal (auspicious worship of the clay drum with flowers and sandalwood paste);

*rākhiye* – maintained; *ānanda* – delight; *kori* - causing; *baṅgśī* - Bangśi Dās; *bole* – says; *deho* – give; *jaya*- victory; *rab* – sound.

"Everywhere the Vaiṣṇavas are loudly singing Hari – tomorrow there will be a great *kīrtan* festival. Now the Khol Maṅgal (auspicious worship of the clay drum with flowers and sandalwood paste) is concluded to everyone's delight. Bangśi Dās says: Glorify this event!"

#### AFTER THAT THE TĀRAK BRAHMA NĀMA (MAHĀ MANTRA) IS SUNG -

#### HARE KŖṢŅA HARE KŖṢŅA KŖṢŅA KŖṢŅA HARE HARE HARE RAMA HARE RAMA RAMA HARE HARE

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#### FESTIVALS IN THE ASHRAM

### 1. INSTALLATION-DAY OF SRI SRI RADHA MADANGOPAL IN THE ASHRAM —

Sri Sri Aksay Tritiya [May]

2. GURU PURNIMA - Full moon in July

#### 3. SRI SRI RADHASHTAMI - 8<sup>TH</sup> Day of the bright moon in September

#### 4. DISAPPEARANCE DAY OF SRI SRI PARAM GURUDEVA

9<sup>th</sup> day of the dark moon after Radhashtami.

5. SRI SRI BABA'S BIRTHDAY — Durga Shasthi, in October

#### 6. SRI SRI BABA'S DISAPPEARANCE DAY

— Three days after the full moon in October

7. BABA'S FIRST STEP IN THE ASHRAM IN SRIDHAMA NAVADVIP — January 17, 1970

8. MAGNANIMOUS PRABHU SITANATH'S APPEARANCE DAY — Magh Saptami [February] Big Festival

#### FASTING OBSERVED IN THE ASHRAM

- 1. NARASINGHA CATURDASHI Fasting till dusk
- 2. JANMASHTAMI VRATA Fasting day and night
- 3. SHIVA RATRI VRATA Fasting day and night
- 4. **DOL PURNIMA VRATA** Fasting till dusk
- 5. **RAM NAVAMI VRATA** Fasting till 12 midday
- 6. RADHASHTAMI VRATA Fasting till 12 midday
- 7. **PRABHU SITANATH'S BIRTHDAY** Fasting till 12 midday